

The Faithful Word

Fall 2007

"We're Better Together"

Edition 60

Join Us For Service

Sunday Services

Early Worship: 8:00 A.M.
(2nd & 4th Sundays)
Sunday School: 9:30 A.M.
Morning Worship: 11:00 A.M.
Pastoral Teaching: 6:00 P.M.
Evening Worship: 7:30 P.M.

Tuesday Service

Prayer & Bible Band 10:00 A.M.

Wednesday Rehearsals

Youth Choir: 6:00 P.M.
Inspirational Choir: 7:30 P.M.

Thursday Services

Y.P.W.W.: 6:30 P.M.
Youth Service: 7:30 P.M.

Individual Highlights:

Education Connection	60a
Message Board	60b
Health Wise	60c
Convocation Highlights	60c
Health Wise	60c
Thanksgiving Recipes	60d
Kids Corner	60e

Greater Victory C.O.G.I.C.

253 West Mill Street
San Bernardino, CA 92408
(909) 889-7205

www.greatervictoryonline.org



Supt. George A. Martin &
Evangelist Ida Martin

From the Pastor's Desk Uniquely Prepared

A selection submitted by Pastor Martin to help those in need.

In the book of Acts, Chapter 17:26, the Bible says, *"From one man he made every nation of men, that they should inhabit the whole earth; and he determined the times set for them and the exact places where they should live."*

In other words, God determined when you and I would be born and the circumstances of our birth. They were not left to chance.

The following quote is from "The Purpose Driven Life Journal," which is a companion to the wonderful book, *The Purpose Driven Life* by Rick Warren (Zondervan Publishing), *"God, your plan is amazing. Thank you that I was custom-made for a reason. Help me to trust your wisdom in choosing my parents, race, background, gifts, and appearance."*

Whether you are male or female, Red, Yellow, Black, White, or Brown, you were created for a specific purpose.

Dear friends, there is an intent, a particular plan that you and you alone are uniquely qualified to fulfill in the world today. Everything about you including your personality, the time and place of your birth, your gender, skin color and life experiences are significant to that plan. You have been uniquely prepared to powerfully impact the people around you, and every element about you is important for that reason.

One of the most powerful and healing periods in my life came when I began to view life from that point of view. I could then begin to release

the abuses of the past. As I begin to realize that God went through those earlier experiences with me, I was empowered to let them go. There was no longer any need to hang on to the ghost from my childhood. God has fulfilled His promise by turning bad things into good things. (See Romans 8:28).

I can now look back at the harsh experiences of my early years and see how God used them to shape me. It's the awful experiences of my past that drive me help others reach for hope in their future.

I am who I am for a reason. I went through what I went through for a definite purpose, and so did you. Your life and experiences are unique to only you; therefore, you fit into the Kingdom of God in a way that no one else ever will. With this understanding, begin to release your past so that God can help you discover the future that you have been carefully and uniquely crafted for.

"God, your plan is amazing. Thank you that I was custom-made for a reason. Help me to trust your wisdom in choosing my parents, race, background, gifts, and appearance."
(Pastor Rick Warren – *Purpose Driven Life Journal*)

"So friends, confirm God's invitation to you, his choice of you. Don't put it off; do it now. Do this, and you'll have your life on a firm footing." *"II Peter 1:10 (MSG)*



October

Sis. Francesca Brown

Sis. Simone Whitfield

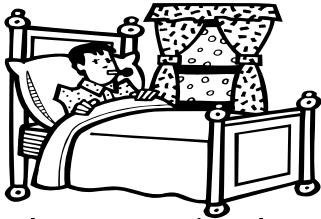
November

Deacon Robert Shields

Sis. Mary Kennedy

Sis. Taneka Branson

Sick and Shut-In



Please remember those who are sick and shut-in. Keep them in your prayers.

Sometimes a kind word, a phone call, or even a smile can make a world of difference.

*Please remember the Prevost family in prayer.

Message From the Sunday School

***If you know your Bible, the Sunday School needs you. If you don't know your Bible, you need to come to Sunday School each Sunday morning at 9:30am.

Evangelist
Stephanie Harris -
Sunday School Supt.

Education Connection: Ten Tips You Need to Survive College

Source: <http://www.mtsu.edu/~studskl/10tips.html>

1. If you haven't already registered, **try not to schedule back to back classes.** You'll wear yourself out besides missing the best times to study--right before and right after class.
2. **Begin the first day of class.** Know what's expected of you. Take notes from the first day even if it's routine stuff you think you already know.
3. **Establish a routine time to study for each class.** For every hour you spend in class, you will probably need to study two hours outside class. Studying for each subject should be at the same time, same place, if possible. Study includes more than just doing your homework. You will need to go over your notes from by class, labeling, editing, and making sure you understand them. Study your syllabus daily to see where you are going and where you have been. Be sure to do reading assignments. (Don't put them off just because there's not a written assignment.) Read ahead whenever possible. Prepare for each class as if there will be a pop quiz.
4. **Establish a place to study.** Your place should have a desk, comfortable chair, good lighting, all the supplies you need, etc., and of course, should be as free of distractions as possible. It should not be a place where you routinely do other things. It should *your study place*.
5. **Do as much of your studying in the daytime as you can.** What takes you an hour to do during the day may take you an hour and a half at night.
6. **Schedule breaks.** Take a ten minute break after every hour of study. If possible, avoid long blocks of time for studying. Spread out several short study sessions during the day.
7. **Make use of study resources on campus.** Find out about and use labs, tutors, videos, computer programs, and alternate texts. Sign up for an orientation session in the campus library and computer facilities. Get to know your professors and advisors. *Ask questions.* "I didn't know," or "I didn't understand" is never an excuse.
8. **Find at least one or two students in each class to study with.** Studies show that students who study with someone routinely make better grades. You will probably find yourself more motivated if you know someone else cares about what you are doing in the class. Teaching a concept or new idea to someone else is a sure way for you to understand it. Studying in a group or with a partner can sometimes become too social. It is important to stay focused.
9. **Study the hardest subject first.** Work on your hardest subjects at a time when you are fresh. Putting them off until you're tired compounds the problem.
10. **Be good to yourself.** Studying on four hours of sleep and an empty stomach or junk-food diet is a waste of time. Avoid food and drink containing caffeine just before or just after studying.

Giving Thanks

Source: <http://www.crown.org/Articles/>

Thankfulness, appreciation, gratitude, and contentment: familiar words that reflect a person's attitude.

This time of year, reminders abound for us to be thankful. Why, we even have a national holiday to proclaim the essence of gratitude. We call it *Thanksgiving*.

Are you thankful? You may not be a wealthy person, but if you're reading this on the Internet, the likelihood that you are living at the poverty level is slight.

America is a land where low-income people drive automobiles. In most countries of the world only the well-to-do have cars. What poor family doesn't have a color TV? In the USA nearly everyone could arguably be graded as wealthy by any biblical standard.

Then why aren't we all thankful and content? In America, usually our anxieties are not related to the lack of food and water. Instead, they revolve around the threat of losing the material things that we have acquired. So, let me ask again. *Are you thankful?*

The Bible teaches about the dangers of material wealth, but God nowhere indicates that poverty is a virtuous alternative. For Christians to be thankful, appreciative, grateful, and content, we have to establish some basic guidelines for our lives.

Establish a reasonable standard of living. Through prayer and God's Word determine just how much is enough for you and your family.

1. Acquire the habit of giving. Beyond the tithe, as you give God will provide surplus.

When God makes funds available, don't assume they're for you to use as you want. Seek His will for the use of His provision for you.

"At this present time your abundance being a supply for their need, so that their abundance also may become a supply for your need, that there may be equality; as it is written, 'He who gathered much did not have too much, and he who gathered little has no lack'" (2 Corinthians 8:14-15).

2. Determine your priorities. Many times, Christians are not content, or even thankful—not because they aren't doing well, but because others are doing better. Will you agree that these words reflect attitude?

"Make sure that your character is free from the love of money, being content with what you have; for He Himself has said, 'I will never desert you, nor will I ever forsake you'" (Hebrews 13:5).

3. Develop a thankful attitude. Isn't it remarkable that in the United States of America we could ever think that God has failed us materially? We lavish things upon ourselves and waste things we accumulate. Thankfulness comes from our state of mind; it's attitude, not accumulation of assets.

Until you are able to truly thank God for what you have, and are willing to accept what He has provided for your life, contentment will only be a word you chase.

"Let the peace of Christ rule in your hearts, to which indeed you were called in one body; and be thankful. Let the word of Christ richly dwell within you, with all wisdom teaching and admonishing one another with psalms and hymns and spiritual songs, singing with thankfulness in your hearts to God.

*****Message Board*****

A Message From the YPWW President:
Come and be blessed. Study to show thyself approved unto God. **Every Thursday Night at 6:30pm!**
Youth Service follows immediately at 7:30pm!

******BIG REMINDER!!!!** Women, remember your **secret pals** throughout the year. Take time out to surprise them with a little something special every once in awhile. – Women's Department

Building Fund Pledges

Please see a financial secretary to make a building fund pledge or to pay on a pledge for the year 2007. Financial secretaries are Evg. Allen, Missy. P. Brown, Evg. C. Williams, Sis. J. Shields, & Evg. S. Whitfield.

Keep in touch with Zachari Tahiru.

Send a letter, card, or package to:

1720 Melrose Place, Room 602
Knoxville, TN 37916

Email: Ztahiru@utk.edu

Cell phone: 951-833-3483



("Giving Thanks" con't)

Whatever you do in word or deed, do all in the name of the Lord Jesus, giving thanks through Him to God the Father" (Colossians 3:15-17).

4. Trust God and His promises.

"Not that I speak from want, for I have learned to be content in whatever circumstances I am. I know how to get along with humble means, and I also know how to live in prosperity; in any and every circumstance I have learned the secret of being filled and going hungry, both of having abundance and suffering need. I can do all things through Him who strengthens me" (Philippians 4:11-13).

Oh, one more time...are you thankful?



Inspirational Thought:



“We believe the Word of God; therefore we do the Word of God.”

– Frederick K.C. Price

Reference Scripture: *“...I will show you my faith by what I do.”*

(James 2:18b NIV)

Health Wise: Going for a Check-up

Written by Sis. Tiffany Brown, M.D.

Whether you're as fit as a fiddle or have significant health problems all of us have to visit the doctor (or nurse practitioner, physician assistant, etc.) eventually. In this article I'll discuss things we can do to make the most out of that visit.

Prior to your office visit jot down a few questions or concerns you have. Also have a list of all of the medications your taking. Include prescription medication, over-the-counter medication, herbals and supplements in your list. For your medications write its name followed by the dose (usually in milligrams), the number of tablets and the number of times taken in one day. For example: Ibuprofen 400mg 2 tablets three times a day. Be sure to note any side effects that you are having from your medication. Common side effects include headache, nausea, fatigue, weight gain, and swelling. Make a written or mental note of whether the medication is working for you. For some diseases your doc wants you to test yourself at home to make sure the medication is working. For example you may need to take your blood pressure at home or a pharmacy, or check your blood glucose regularly. If this is the case write down the date, time, results, and any other pertinent information. Here are a couple of examples: September 1, 2007 10 am Blood sugar 215 (last meal 8/31/07) or September 21, 2007 8pm Blood pressure 110/65. Take the results with you to the clinic visit.

Preparation is essential to effective management of your health. Share all of the information that you have prepared (regardless of whether it is asked for) at the beginning of the visit. In addition to sharing your prepared information mention your pressing concerns early in the visit. This will give your doc the ability to tailor the physical exam and decisions about treatment or testing to your specific needs. A well-informed care provider can make much better medical decisions. Remember that the information shared in the doctor's office is confidential and can only be shared with payers/billing and those involved in your care. Though it may be uncomfortable, don't hesitate to be open and completely honest with your doctor. Go to the exam room alone, without family or friends around, especially if you will be embarrassed to discuss private matters in front of them. When discussing your medication, make sure you know what your medications are supposed to be treating and whether or not they are working for that.

Before you leave the doctor's office make sure you understand the instructions by repeating them back. Ask about the side effects of new medications. Try to leave with a clear understanding of your diagnosis, treatment options and the goal of the next follow-up visit. If you want your new prescriptions called in to the pharmacy, have the phone number readily available. It is a good idea to get all medications at one pharmacy. That way your pharmacist can warn you and your doctor about potential drug interactions.

Next month's article will address myths about health care.



100th Holy Convocation Highlights

by Sis. Angelica Curtis

******Newsletter Staff******

Editor in Chief:

Sis. Jessika Shields

Assistant Editor:

Evg. Missy. Evelyn Tahiru

Reporters:

Evg. Missy. Savannah Taylor

Sis. Tiffany Brown, M.D.

Sis. Angelica Curtis

For the first time ever, sevicees were held 24 hours a day at Masion Temple during the duration of the 100th Holy Convocation. So many people attend the FedEx Forum on Sunday that the Fire Department had to shut the doors. Activities included tent meetings, Sunshine Band and Purity class meetings, musicals, prayer, and regular worship services.

Bishop Blake gave an awesome sermon on Sunday. He discussed the history of the Church of God In Christ, the leadership of Bishop Mason and the future that the church has under the leadership of the Lord. His speech was very inspirational strengthening people's pride in being a part of the Grand Old Church of God In Christ.

Many people who attended said that they were blessed.

To order copies of materials and DVD's from the 100th Holy Convocation, visit www.cogic.com or call 1-800-947-9350.



Calendar Events

November Events:

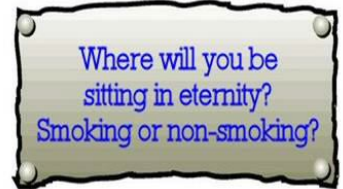
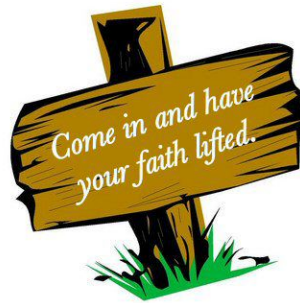
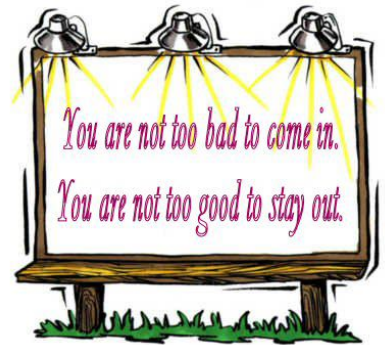
22nd – Thanksgiving Day Service 9a
 24th - Sunshine Band Field Trip
 27th – 30th – GV Church Leadership Conf.

December Events:

1st – YWCC 10a|
 8th – 2nd Saturday Meeting 9a
 15th – Couples' Meeting 6p
 21st – Singles' Meeting 7p
 25th – MERRY CHRISTMAS!
 30th – Youth Day
 31st – Watch Night Service 9p



NEW CHURCH SIGNS



Thanksgiving Day Recipes

Thanksgiving Turkey

By Dorothy Forde interpreted by Kecia Browne

Description:

Thanksgiving Jerk Turkey Recipe

Ingredients:

Rub Combo
 Limes/Lemons
 Salt
 Pepper
 Jerk seasoning
 1/4 cup fresh Sage (chopped)
 1/4 cup fresh Rosemary (chopped)
 1/2-1 cup fresh Thyme leaves
 3 onions (sliced long-ways in 4)

Bake Day

1 stick of margerine sliced
 Olive oil
 poultry thermometer
 syringe/brush for basting

Directions:

Day 1-Rinse Butterball turkey and remove inside contents. Soak in cold water and salt to complete thaw. Stick in refridgerator.

Day 2-Remove from refridgerator. Wash turkey and rub with lemons/limes then with additional ingredients in rub combo inside and out, in-between body and breast, etc. Stuff turkey with thick slices of onion. Cover and place in refridgerator to marinade.

Day 3-Remove turkey from refridgerator and place on pan with rack. Stick slices of margerine all over turkey, a little inside. Drizzle olive oil over turkey. Place thermometer in turkey. Bake turkey at 425° uncovered for 30 mins to allow browning. Cover with foil and turn oven down to 275° and allow to slow cook for about five hours (depending on size of turkey), basting intermittently with broth. Uncover again before turkey complete for further browning.

Remove from oven. Use lifter to place on platter and garnish to taste.

Banana Bread

By Barbara-Gene Browne

Description:

Ingredients:

2 cups of flour
 1 cup sugar
 1/2 cup butter
 2 eggs well beaten
 3 Tbsp sour cream
 3 large ripe bananas mashed
 1 tsp vanilla essence
 1 cup chopped walnuts (optional)
 1 teaspoon salt
 1 teaspoon baking soda

Directions:

Combine all ingredients and mix well. Pour into loaf pans and bake in a 350 degree oven for about one hour.

Prep Time: 15 minutes

Cook Time: 60 minutes

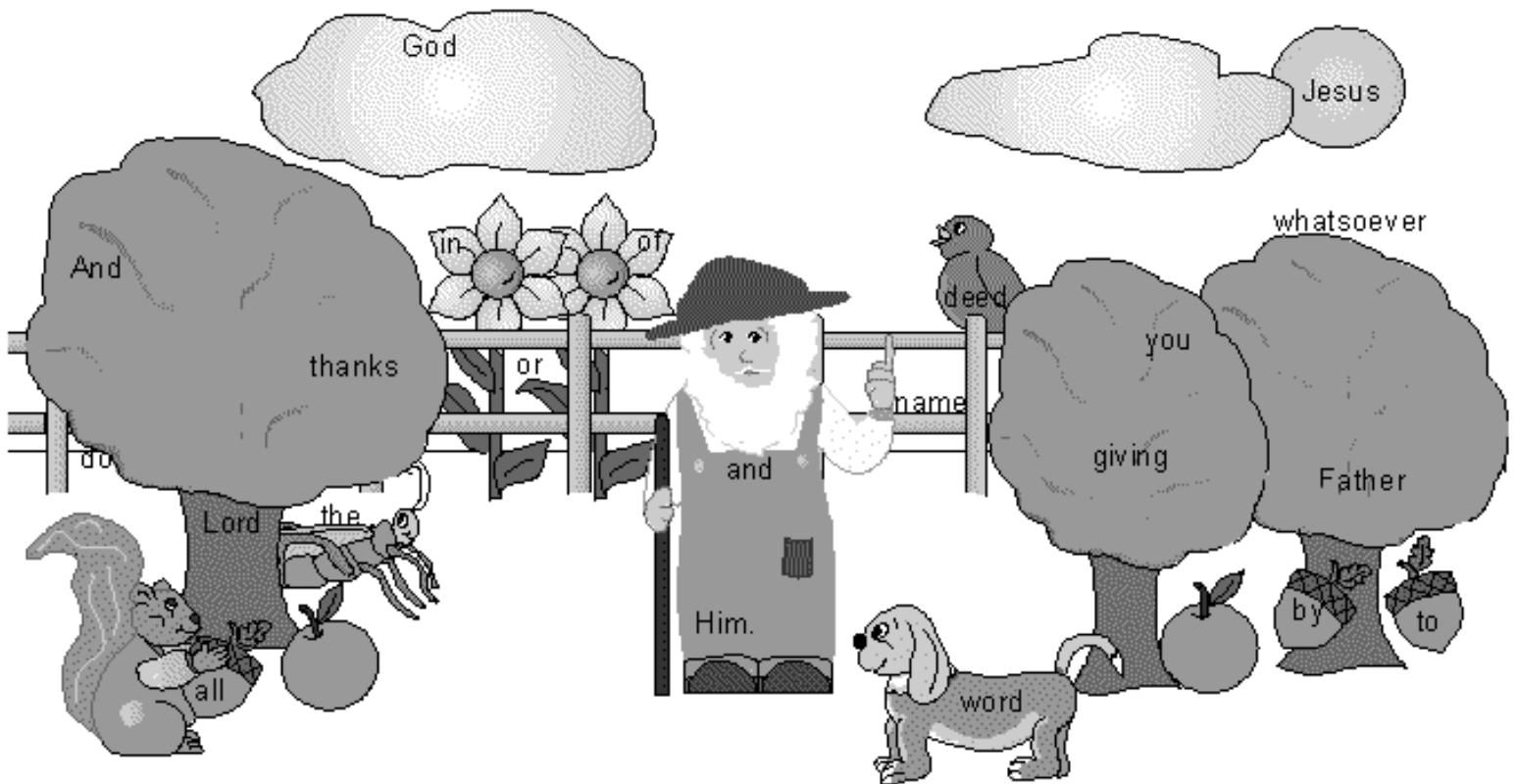
Category: Breads

Servings: 8



Kids KornerColossians 3:17

Find and circle the words to the verse, Colossians 3:17, in the picture below. Mark off the words as you find them. Words that appear more than once in the verse will only appear once in the picture.



And whatsoever you do in word or deed, do all in the name of the Lord Jesus, giving thanks to God and the Father by Him. ~Col 3:17