



The Faithful Word



November 2008

“Jesus: Our Hope for a Bright Future.”

Edition 72

Join Us For Service

Sunday Services

Sunday School: 9:30 A.M.
Morning Worship: 11:00 A.M.
Pastoral Teaching: 6:00 P.M.
Evening Worship: 7:30 P.M.

Tuesday Service

Prayer & Bible Band 10:00
A.M.

Wednesday Rehearsals

Youth Choir: 6:00 P.M.
Inspirational Choir: 7:30 P.M.

Thursday Services

Y.P.W.W.: 6:30 P.M.
Youth Service: 7:30 P.M.

Individual Highlights:

| | |
|----------------------|-----|
| Education Connection | 72a |
| Earthquake Safety | 72b |
| Health Wise | 72c |
| Couples' Breakfast | 72d |
| Holy Convocation | 72d |
| Kids Corner | 72e |

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Supt. George A. Martin &
Evangelist Ida Martin

From the Pastor's Desk

“Local Church Leaders”

*A selection submitted by Pastor Martin to help those in need.

Lord, I thank you for our pastor (s), elders, and other church leaders whom you have placed in the local church body to keep us from being tossed to and fro, and carried about with every wind of doctrine, by the sleight of men, and cunning craftiness. Speaking the truth in love, let us grow up into you, Lord, in all things, for you are the head of the body.

Bless our leaders, Lord, that they might govern your church according to your will. Help them be shepherds who never scatter the sheep, but who care for the flock, who watch for their souls, and seek those who are lost and troubled, Help me to be a support to them, to be available when they need me, to be always willing to help them and to pray for them.

As Aaron and Hur upheld the arms of Moses in the heat of battle, so may we ever uphold the arms of those you have appointed to lead us.

Fill our leaders with the knowledge of your will in all wisdom and spiritual understanding. Let them walk worthy of you, Lord, pleasing you by being fruitful in every good work, and increasing in the knowledge of you daily. Let them be strengthened with all might according to all patience and longsuffering (endurance) with joyfulness.

Multiply your grace and peace unto them through the knowledge of God and of Jesus, our Lord. May they be esteemed by you because they have humble and contrite hearts and tremble at your Word.

Release your righteousness, peace and joy into their lives. Let your kingdom come and your will be done in them as it is in heaven. Bless them and fill them with your Spirit, Lord. Lead them in the way of escape from every temptation. Keep their lives holy and pure before you. Protect them and their loved ones from the evil one.

Prosper them and give them health, Lord. Bless them financially. Give them helpers who are full of the Spirit and wisdom to whom they can delegate needed duties, so that they can give themselves to prayer and ministry of the Word.

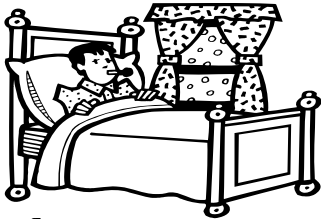
Grant them the joy of having every member of their families saved and healthy. Bless their family life with special love and harmony. Lord, I pray that they always remember you, their first love. May they nurture that love relationship and grow closer and closer to you.



November

Dea. Robert Shields
Sis. Simone Whitfield
Sis. Milan Wilson
Sis. Miesha L.

Sick and Shut-In



Please remember those who are sick and shut-in. Keep them in your prayers.

Sometimes a kind word, a phone call, or even a smile can make a world of difference.

**Please remember the Johnson and Jackson families in prayer.*

Message From the Sunday School

*****If you know your Bible, the Sunday School needs you. If you don't know your Bible, you need to come to Sunday School each Sunday morning at 9:30am.**

**Evangelist
Stephanie Harris -
Sunday School Supt.**

Education Connection: Day-to-Day Care of Young Children's Brains

Submitted by Sis. Tiffany Brown, M.D.

Research on early brain development and school readiness suggests the following guidelines for the care of young children:

*Ensure health, safety, and good nutrition: Seek regular prenatal care; breast feed if possible; make sure your child has regular check-ups and timely immunizations; safety-proof the places where children play; and use a car seat whenever your child is traveling in a car.

*Develop a warm, caring relationship with children: Show them that you care deeply about them. Express joy in who they are. Help them to feel safe and secure.

*Respond to children's cues and clues: Notice their rhythms and moods, even in the first days and weeks of life. Respond to children when they are upset as well as when they are happy. Try to understand what children are feeling, what they are telling you (in words or actions), and what they are trying to do. Hold and touch them; play with them in a way that lets you follow their lead. Move in when children want to play, and pull back when they seem to have had enough stimulation.

*Recognize that each child is unique: Keep in mind that from birth, children have different temperaments, that they grow at their own pace, and that this pace varies from child to child. At the same time, have positive expectations about what children can do and hold on to the belief that every child can succeed.

*Talk, read, and sing to children: Surround them with language. Maintain an ongoing conversation with them about what you and they are doing. Sing to them, play music, tell stories and read books. Ask toddlers and preschoolers to guess what will come next in a story. Play word games. Ask toddlers and preschoolers questions that require more than a yes or no answer, like "What do you think...?" Ask children to picture things that have happened in the past or might happen in the future. Provide reading and writing materials, including crayons and paper, books, magazines, and toys. These are key pre-reading experiences.

*Encourage safe exploration and play: Give children opportunities to move around, explore and play (and be prepared to step in if they are at risk of hurting themselves or others). Allow them to explore relationships as well. Arrange for children to spend time with children of their own age and of other ages. Help them learn to solve the conflicts that inevitably arise.

*Use discipline to teach: Talk to children about what they seem to be feeling and teach them words to describe those feelings. Make it clear that while you might not like the way they are behaving, you love them. Explain the rules and consequences of behavior so children can learn the "why's" behind what you are asking them to do. Tell them what you want them to do, not just what you don't want them to do. Point out how their behavior affects others.

*Establish routines: Create routines and rituals for special times during the day like mealtime, nap time, and bedtime. Try to be predictable so the children know that they can count on you.

*Become involved in child care and preschool: Keep in close touch with your children's child care providers or teachers about what they are doing. Occasionally, especially during transitions, spend time with your children while they are being cared for by others.

*Limit television: Limit the time children spend watching TV shows and videos as well as the type of shows they watch. Make sure that they are watching programs that will teach them things you want them to learn.

*Take care of yourself: You can best care for young children when you are cared for as well.

Prepared by Judith Graham, Extension human development specialist.

Source: Shore, R. (1997). Rethinking the Brain: New Insights into Early Development. New York, NY: Families and Work Institute, pp. 26-27.

Seven Steps to Earthquake Safety

Submitted by Sis. Sagoe

Step #5: PROTECT YOURSELF DURING EARTHQUAKE SHAKING—DROP, COVER, AND HOLD ON.

The previous editions have concentrated on getting ready for the next earthquake. What should you do during and after earthquakes?

During earthquakes, drop to the floor, take cover under a sturdy desk or table, and hold on to it firmly. Be prepared to move with it until the shaking stops. The area near the exterior walls of a building is the most dangerous place to be. Windows, facades and architectural details are often the first parts of the building to collapse. To stay away from this danger zone, stay inside if you are inside and outside if you are outside.

If you are...

Indoors: Drop, cover, and hold on. If you are not near a desk or table, drop to the floor against the interior wall and protect your head and neck with your arms. Avoid exterior walls, windows, hanging objects, mirrors, tall furniture, large appliances, and kitchen cabinets with heavy objects or glass. Do not go outside!

In bed: If you are in bed, hold on and stay there, protecting your head with a pillow. You are less likely to be injured staying where you are. Broken glass on the floor has caused injury to those who have rolled to the floor or tried to get to doorways.

In a high-rise: Drop, cover, and hold on. Avoid windows and other hazards. Do not use elevators. Do not be surprised if sprinkler systems or fire alarms activate.

Outdoors: Move to a clear area if you can safely do so; avoid power lines, trees, signs, buildings, vehicles, and other hazards.

Driving: Pull over to the side of the road, stop, and set the parking brake. Avoid overpasses,

bridges, power lines, signs and other hazards. Stay inside the vehicle until the shaking is over. If a power line falls on the car, stay inside until a trained person removes the wire.

In a stadium or theater: Stay at your seat and protect your head and neck with your arms. Don't try to leave until the shaking is over. Then walk out slowly watching for anything that could fall in the aftershocks.

Near the shore: Drop, cover and hold on until the shaking stops. Estimate how long the shaking lasts. If severe shaking lasts 20 seconds or more, immediately evacuate to high ground as a tsunami might have been generated by the earthquake. Move inland 3 kilometers (2 miles) or to land that is at least 30 meters (100 feet) above sea level immediately. Don't wait for officials to issue a warning. Walk quickly, rather than drive, to avoid traffic, debris and other hazards.

Below a dam: Dams can fail during a major earthquake. Catastrophic failure is unlikely, but if you live downstream from a dam, you should know flood-zone information and have prepared an evacuation plan.



MYTH: "HEAD FOR THE DOORWAY."

An enduring earthquake image of California is a collapsed adobe home with the door frame as the only standing part. From this came our belief that a doorway is the safest place to be during an earthquake. True—if you live in an old, un-reinforced adobe house. In modern houses, doorways are no stronger than any other part of the house. You are safer under a table.

Message Board

A Message From the YPWW President:

Come and be blessed. Study to show thyself approved unto God.
Every Thursday Night at 6:30pm
(Youth Service immediately following @ 7:30pm)

Women, take time out to surprise your **secret pal** with a little something special every once in awhile. – Women's Department

Congratulations to the Newlyweds!!! Greater Victory wishes Aaron and Mary Lindsey a happy and blessed future together.

Cranberry Sauce and Pumpkin Pie

Source: <http://www.joyfulheart.com/>



Turkeys and cornucopias and pilgrim hats. Seasoned stuffing hot from the oven. Creamed onions, cranberry sauce and pumpkin pie. Uncles and aunts and cousins to play with. Grandmothers and grandfathers with family gathered round. Children waiting for the Great Pumpkin rise over Charlie Brown's pumpkin patch and dads watching college football. A day to relax and maybe rake leaves in the afternoon.

But Thanksgiving? How much will our celebrations tomorrow have to do with giving thanks?

A glance at the first Thanksgiving brings it all back. On December 21, 1620 the Pilgrims landed at Plymouth rock. Through the dead of winter the colony struggled with poor and meager food, strenuous labor, a biting wind that chilled to the bone, and the ravages of disease. Nearly half the 102 Mayflower passengers did not live to see Spring refresh Cape Cod Bay.

But God sent Indians--Samoset, Squanto, and Massasoit--to help the English settlers plant and hunt and fish. The bountiful harvest that autumn led Governor Bradford to invite the Indians to celebrate God's goodness. Ninety tall braves accepted the invitation to join the Pilgrims in a feast of Thanksgiving to God for His blessings.

The Pilgrims lived close enough to the soil to know how dependent they were on God's Providence. They had learned to thank God in the midst of the bitterness of winter past. And they were quick to thank Him during abundant blessing, too.

We teach our children to say "please" and "thank you" as the rudiments of courtesy, yet it is so easy to be rude and unthinking toward God. How often we forget to gratefully acknowledge His goodness towards us.

This Thanksgiving let your prayers and expressions of love rise toward your Heavenly Father. "What shall I render unto the Lord for all His benefits toward me? I will take the cup of salvation, and call upon the name of the Lord." (Psalm 116:12-13)

Inspirational Thought:



**“We believe the Word of God;
therefore we do the Word of God.”**

– Frederick K.C. Price

**Reference Scripture: “...I will show
you my faith by what I do.”**

(James 2:18b NIV)



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Sis. Linda Sagoe

WHAT ARE YOU TALKING ABOUT?

“Great minds discuss ideas;
Average minds discuss events;
Small minds discuss people.”

-Eleanor Roosevelt

*US diplomat & reformer
(1884 - 1962)*

Health Wise: Problem Behavior...Or Food?

Source: <http://christianwomentoday.com/health/problemfood.html>

Ever wonder why kids act the way they do? Often it is their temperament, sometimes it's our parenting style, and occasionally it's the food they eat. Got a tot who seems fidgety? It may be too much red food coloring or sugar in his system. Traces of these additives are everywhere, even in margarine and toothpaste! Manufacturers put a red coloring into margarine to change it from drab white to eye appealing yellow. Sweeteners are put in most toothpastes. Read ingredients listed on the package and try to decrease these non-nutritives from food sources. Then increase your little one's B vitamins, and see if his jumpiness subsides.



Bed-wetting accidents make you and your child fretful? That yummy chocolate cake and sips of soft drinks may be the culprits. Caffeine, found in chocolate and many beverages, can trigger urinary incontinence. Combine this with a youngster's immature bladder -- about half of the three-year-old population wet the bed and 12% of six-year-olds still do -- and you have additional problems. During the early years when little muscles are gaining control, ease off giving your child caffeine. Constipation causing calamities? It may be a power struggle as many hygiene issues are between parent and child. But it may be the type food your child is consuming. Restrict high-fat foods like French fries and pre-packaged lunches. It is not a convenience item if it creates bathroom battles. Instead load up your lad with high-fiber fruits and veggies. Many parents tell me their child hates fruit or is picky about which he will eat. Find creative ways to camouflage nutrition and loosen the bowels.

Are nighntimes a nightmare? If you're worn out with a child who constantly wakes in the night, discuss it with your pediatrician. Frequent insomnia could be a medical issue. It can also be your parenting response. Your pediatrician can rule out annoyances that cause nighttime waking such as pinworms or other problems. If your child gets a clean bill of health, then offer a bit more protein and calcium near the bed hour. A slice of cheese or cup of yogurt may have enough protein and calcium to produce relaxation. Then you and your wee one enjoy some much-needed zees. Some studies suggest that calcium may help with the stress of allergies, which causes frequent wakings.

Does your kid say she brushed her teeth but you smell a lie? Rather than argue, know that chronic bad breath may be a throat infection or poor dental health. First, talk with your pediatrician about these two reasons. If there's no cause, then consider a food fermenting in the intestines. In youngsters, food that isn't being digested correctly may ferment and the odor escapes out the mouth. To keep halitosis out of your house, start a dietary diary to identify the "problem" chow. If you can isolate and eliminate it you may end the bad breath. Also increase vitamin-rich B, C, and E foods, which may help the body detoxify. It's vital that we watch our children's behavior and try to discern if what they've eaten is eating us. Regulating the foods in your home and lifestyle could help avoid some behavior problems. Then you will enjoy a better relationship with your child.

* The source for much of the nutrition information in this article is *Foods for Healthy Kids*, by Dr. Lendon Smith.

The Author of This Article: As a speaker and writer, **Brenda Nixon** helps build stronger families through parent empowerment. She is the author of *Parenting Power in the Early Years: Raising Your Child - Birth to Age Five*, a contributing author to several more books, a graduate of Nazarene Theological Seminary, and a mother of two girls. For information on Brenda's book, speaking topics and scheduling information go to BrendaNixon.com.

Calendar Events

November Events:

17th – 21st – GV Leadership Conf.
 27th – THANKSGIVING DAY
 28th – Friday Night Fire
 29th – YWCC Brunch/Fashion Show

December Events:

8th – Women for Christ 7p
 9th – HAPPY BIRTHDAY PASTOR MARTIN!!!
 13th – 2nd Sat. Mtg. 9a
 18th – Youth Dept. Christ. Party 7p
 19th – Singles' Christmas Party 6:30p
 20th – Holistic Day 9a
 20th – Couples' Christmas Party 6p
 21st – Church Christmas Party 3p
 25th – MERRY CHRISTMAS!!!
 29th – Ministers & Missy Mtg. 7p
 31st – Watch Night Service 9p



Couples For Christ's Breakfast Gathering

by Sis. Jessika Shields

On Saturday, November 15th, twenty plus couples gathered in the fellowship hall for a hearty breakfast meal. Each couple brought a covered dish to contribute to what turned out to be a delicious home-style breakfast spread. Choices included, the traditional, bacon, two kinds of sausages, eggs, and biscuits. Bonus breakfast items included, fried potatoes, chilled fruit, cinnamon buns, and pastries. The ultimate surprise was a large crock pot of buttered grits and gravy smothered fried chicken!!! DE-LISH!!! Watch out Memphis! You ain't got nothin' on the Couples' breakfast spread!!!

Although, many couples thought the highlight of the meeting was the breakfast, a survey surprise was soon to be the belly buster. Each person in the room completed a quick anonymous survey, in which a person had to first identify their gender and then choose one way that they would improve their marriage. Each person had to decide, without revealing their answers to their spouse, what way they would ideally spend 7 days doing to improve their marriages. While the answers were being tallied, the couples enjoyed games and more fun, facilitated by Min. and Missy. Flagg-Martin. Challenges included getting to know the couple next to you so well that you would have to be able to answer a question about them in order to earn a point. Other games tested your memory and how well you and your spouse work as a team. Some memories were better than others.

At the end of the breakfast gathering, our First Lady briefly discussed the roller coasters of marriage and announced the results from the surveys. The outcome was shocking!!! Sis. Martin broke down the results based on gender so that couples got a good understanding of what husbands or wives viewed as important things in improving marriage. The scores were full of humor, yet everyone was still able to take away something precious to help improve their marriage.

Memphis: The Holy Convocation

by Evangelist Evelyn Tahiru

Well, we just complete another exciting trip to Memphis to the 101st Holy Convocation! I left Los Angeles at 12:20 a.m. on Wednesday morning and arrived in Memphis at 9:30 a.m. Sis. Martin met us at the hotel and we had breakfast. After settling into the hotel, we started preparing to attend the evening service. Supt. Whitehead, the editor of the YPWW topics, came from Michigan and preached the evening message. The presence of the Lord was truly in the room as he preached under the anointing! It was such a powerful experience to be at the Cook Convention Center and see hundreds of saints praising the Lord together!

On Thursday morning, we had breakfast at the hotel, and then went to the Cook Convention Center to register for the General Assembly. It was very important that we registered as soon as possible because this was election year and we wanted to make sure to get our votes in! After registering we toured Memphis for a little bit, then went back to the hotel to prepare for the evening service. Thursday evening was Missions Night and the convention relocated to the FEDEX Center for evening services. Participating in The Parade of Nations during the early part of the evening service where the President of Missions – Bishop Carlis Moody. He spoke of some of his experiences over the past, totally almost 40 years in 60 or more foreign countries. Many nations were represented and participated in the program, as well. Bishop Brooks, 1st Administrative Assistant, was supposed to bring the Friday evening message, but he gave way for one of the young pastors in Memphis, Elder Linwood Dillard to preach – what a word! He talked about holiness and how he had been taught by his grandfather to work for the Lord.

On Friday morning we got up early to go to Morning Manna, which started at 7:45. Friday was Women's Day. Mother Barbara McCoo Lewis from Jurisdiction One brought the message during Morning Manna. This very powerful message was on the theme "Marching Into the Future With Resurrection Power" – Philippians 3:10. There was something about that early morning worship. The power of the Lord moved in this service – like a rushing mighty wind! Morning Manna went right into the morning service, which lasted until almost 3:00 p.m. Mother Rivers, General Supervisor of Women, brought the message in the morning service. At this time, the men were having a Men's Conference at the FEDEX while we were having Women's Day Service at the Cook Convention Center. During the evening service, Bishop Jerry Macklin, 2nd Assistant Presiding Bishop from Hayward, California, preached a very powerful message!

The Midnight Musical (I call it the "11p.m. – 6 a.m. Musical") was attended by Sis. Rochelle, Bro. George, Sis. Nicole, Sis. Mixay, and Bro. Ryan. Of course they enjoyed it to the highest!

On Sunday, we were up early (6:00 a.m.) for Sunday School which started at 7:00 a.m. and finally, morning worship at 9:00 a.m., which many of you probably saw on The WORD network; Our Presiding Bishop, Bishop Charles E. Blake, ministered the word! There were thousands of people in the FEDEX! On Sunday evening, we went to YPWW and then the graduation of ALL Saints Bible College; The students received Certificates, AA's, BA's and MA's. It was a beautiful ceremony! Bishop T.D. Jakes preached the evening message. What a Word, many people were blessed.

Monday is always one of the highlights for me because of communion. It is a very moving service to see, especially the ceremonial part when all of the Bishops march in and Bishop Blake comes in carrying the Shepherd's staff. This is also the day when new Bishops are ordained. Again, this is a very moving service! On Monday afternoon we went to Mason Temple and up to the Prayer Room on the 2nd floor, a very stirring and moving experience, as well. We also went to the Civil Rights Museum at the Lorraine Hotel where Martin Luther King was assassinated. That afternoon we proceeded to the General Assembly to hear all of the speeches of the men and women who were running for office. The results are on the COGIC website! I can hardly wait to go back to Memphis next year!!

Kids Korner

Turkey Maze

Find your way through the turkey.

