



The Faithful Word

December 2008

“I see you in the future and you look much better.”

Edition 73

Join Us For Service

Sunday Services

Sunday School: 9:30 A.M.
Morning Worship: 11:00 A.M.
Pastoral Teaching: 6:00 P.M.
Evening Worship: 7:30 P.M.

Tuesday Service

Prayer & Bible Band 10:00
A.M.

Wednesday Rehearsals

Youth Choir: 6:00 P.M.
Inspirational Choir: 7:30 P.M.

Thursday Services

Y.P.W.W.: 6:30 P.M.
Youth Service: 7:30 P.M.

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Supt. George A. Martin &
Evangelist Ida Martin

From the Pastor's Desk

“Healing for Damaged Emotions”

*A selection submitted by Pastor Martin to help those in need.

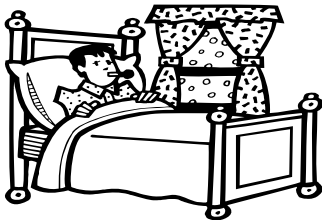
Father, in the name of Jesus, I come to You with a feeling of shame and emotional hurt. I confess my transgressions to You (continually unfolding the past until all is told). You are faithful and just to forgive me and cleanse me of all unrighteousness. You are my hiding place and You, Lord, preserve me from trouble. You surround me with songs and shouts of deliverance. I have chosen life and according to Your word, You saw me while I was being formed in my mother's womb and on the authority of Your word, I was wonderfully made. Now, I am Your handiwork, recreated in Christ Jesus.

Father, You have delivered me from the spirit of fear and I shall not be ashamed. Neither shall I be confounded and depressed. You gave me beauty for ashes, the oil for joy for mourning and the garment of praise for the spirit of heaviness that I might be a tree of righteousness, the planting of the Lord, that You might be glorified. I speak out in psalms, hymns and spiritual songs, offering praise with my voice and making melody with all my heart to the Lord. Just as David did in Samuel 30:6, I encourage myself in the Lord. I believe in God, who raised Jesus from the dead, who was betrayed

and put to death because of my misdeeds and was raised to secure my acquittal, absolving me from all guilt before God. Father, You anointed Jesus and sent Him to bind up and heal my broken heart, and liberate me from the shame of my youth and imperfections of my caretakers. In the name of Jesus, I choose to forgive all those who have wronged me in any way. You will not leave me without support as I complete the forgiveness process. I take comfort and am encouraged and confidently say, “The Lord is my Helper; I will not be seized with alarm. What can man do to me?” My spirit is the candle of the Lord searching all the innermost parts of my being, and the Holy Spirit leads me into all truth. When reality exposes shame and emotional pain, I remember that sufferings of this present life are not worth being compared with the glory that is about to be revealed to me and for me and conferred on me! The chastisement needful to obtain my peace and wellbeing was upon Jesus, and with the stripes that wounded Him, I was healed and made whole. As your child, Father, I have a joyful and confident hope of eternal salvation. This hope will never disappoint, delude or shame me, for God's love has been poured out in my heart through the Holy Spirit who has been given to me. In His name I pray, Amen.

**December**

Pastor George Martin
 Dea. Develon Whitfield
 Bro. Develon Whitfield II
 Bro. William Schuler
 Sis. Angelica Curtis
 Bro. Ravon Steele
 Sis. Regina Byrd
 Dea. Dario Gordon
 Evg. Evelyn Tahiru

****Sick and Shut-In****

Please remember those who are sick and shut-in. Keep them in your prayers.

Sometimes a kind word, a phone call, or even a smile can make a world of difference.

***Please remember the Saints in prayer.**

Message From the Sunday School

*****If you know your Bible, the Sunday School needs you. If you don't know your Bible, you need to come to Sunday School each Sunday morning at 9:30am.**

Evangelist Stephanie Harris - Sunday School Supt.

Education Connection: Practical/Life Skills

Source: <http://www.focusonthefamily.com/>

By teaching your children to set goals, you'll help them grow into the people they want to be. Start with goals that relate directly to home or school. For instance, "I will be able to do my chores without being reminded" or "I will remember to write down what my homework is every day." Guide your children as they set goals, and then help them reach them. There are three kinds of goals you can focus on — for yourself and for your children:

- **Academic** goals pertain to their schooling. In what subject(s) can your children improve? Are they starting something new such as a foreign language or calculus or drama? An academic goal is "I want to master my times tables" or "I want to be able to memorize my geometry theorems."
- **Process** goals focus on how you do something. For example, "I want to finish my homework in a timely manner" or "I want to do my math neatly." Think of adverbs (or words ending in -ly) to describe how you do something.
- **Character** goals describe the attitude with which we approach our work. For example, "I want to persevere through my math even when it's difficult" or "I want to stop complaining about my English teacher." Without a good attitude, you may not please a teacher or employer with your performance even if you did your job perfectly.

Begin by setting goals for yourself in these three areas. What do you want to learn more about? How can you improve the way you do your work? What character or spiritual issues need to be addressed in your life? Then begin the same goal-setting process with your children.

The Process of Setting Goals (Follow these steps for successful goal setting.)

1. Set goals for yourself before setting them with your children.

Setting goals with your children doesn't have to be just one more thing we do as parents. If we first incorporate it into our own lives, we can then encourage that same process in our children.

Remember that children watch us carefully. They love show and tell, but the power is in the show. Let them see how these things work in your life before you expect them to use them in their own.

How do you begin choosing and setting your own goals? One way that works is to decide what in your life is causing you the most stress. Target that area first for improvement. If you can alleviate some of the bad stress in your life, you will be better able to help your children set and attain their goals. What keeps you up nights? What eats up your time, your money and your energy more than anything else? These are areas for which goal setting is critical.

2. Set goals with and for your children.

Things just don't get done unless we're determined to do them. For some children, progress comes too easily. They don't learn how to persevere because they didn't have to in order to get the grade they desired. These children need really challenging goals in order to learn determination.

Others have tried and failed so often that they've given up. They see no value in perseverance because the tasks or goals overwhelm them.

Children need a supportive environment at home and at school. They also need to set goals within their reach until they gain confidence and then determination. Our children require our help to stay focused, to keep going when it gets difficult and to believe that what they're doing is important for their own futures.....

3. Monitor progress.

How do you monitor a child's progress toward the goals you set together? There are two effective ways. One of the best is conferencing. Do this with your children periodically in a safe environment. Go out for ice cream or breakfast or whatever and talk about how well you're doing together on the goals.

A second way to monitor progress toward goals is to keep a record. Teachers use grades, which work, but there are also checklists and rubrics. Monitor your child's progress by creating a checklist of what is needed to achieve their particular goal.

If their goal is to clean their room completely, put a checklist for what makes a clean room on a clipboard and either hang it on their bedroom door or hand it to them when it's time for that chore. As they check off each item, you can both have confidence that they've done what was expected. Maybe it sounds a bit like the army, but checklists are effective. And if you have an undisciplined child, you'll be glad you thought of it.

4. Celebrate attainment of goals.

We all need some kind of acknowledgement that we've reached our goals. In school, grades and awards fulfill that purpose. In a job, a promotion, pay raise or award of some kind also celebrate attainment of goals set. In our homes, we can celebrate in a variety of ways.

- Go out to celebrate, doing something that is meaningful to your child.
- Showcase your child's achievement using a portfolio of learning and invite others outside your family to view the portfolio.
- Privately express to your child the pride you feel in his/her achievement. Some children prefer not to have too much attention paid to them publicly.

Eight Tips for Job Hunting During the Recession

Source: www.monster.com

The global credit crisis and flat-lining domestic economy could make this one of the [most challenging times to be looking for a job](#) in recent history. According to the Bureau of Labor Statistics, the number of unemployed increased by 2.2 million between September 2007 and September 2008, and the September 2008 unemployment rate hit 6.1 percent -- the [highest level in five years](#). In the financial services industry alone, hard-hit by the subprime crisis, [more than 111,000](#) people have lost their jobs through the first nine months of 2008.

To be a successful job seeker in this climate, you have to be calm, patient and proactive -- and try any (or all) of these tips.

Pick and Choose Your Targets

When Jack Hinson was laid off in mid-2008 from his job at a large Internet content company in Austin, he [prioritized](#) his search. "It's important to put your time and energy into opportunities that you're the most interested in and that have the best chance of coming to fruition," he says. "Pick a few companies you're interested in and pursue them, whether they have current openings or not."

Concentrate on Growth Industries

Brent Berger, a Las Vegas-based scenario planning and strategy consultant, suggests focusing on growth industries and [areas](#). "Look at energy," he says. "With oil costs where they are, the need for cheap fuel and cheap heat is ever-mounting. And any job that alleviates pain is recession-proof. Similarly, the National Guard, [Border Patrol](#), [homeland security](#) and the defense industry in general will continue to thrive as the next stage in the war on terror continues."

Work Your Network

Hinson's new gig came from an old connection. "I'd spoken to

the company's founders about a year ago and stayed in touch," he says. "Then I ran into one of them at a [networking](#) function." So flip through your Rolodex or business social media contacts and let them know you're looking.

Sell Yourself

San Francisco PR account executive Samantha Rubenstein launched a job search just as the economy began to flag. After three months, she got a great offer from Atomic PR. She attributes her success to doing more than learning about the company.

"[Preparation](#) [includes] learning how to talk about yourself in a meaningful and powerful way," she says. "I created a list of [potential interview questions](#) and typed up bulleted answers to create speaking points."

Consider Freelancing

Russ Carr, a designer and writer in St. Louis, has twice had a line on a job only to see it slip away when the employer lost a key account or decided to distribute the duties among current employees. To keep some money coming in, Carr started freelancing. "I haven't stopped trying to [shop myself](#) for a full-time gig again, but freelancing certainly has kept food on the table," he says. "If you're in a field that supports it, don't think twice -- just do it."

Take a Temporary Position

If freelancing isn't practical, try [temping](#). "Consider interim staffing to fill a temporary slot for work that needs to be done despite the economy," advises Ronald Torch, president and CEO of the Torch Group, a marketing staffing firm in Cleveland. Or temp with a company that interests you. "Many of these options pay well and can carry the burden of bill-paying until a permanent position comes along," he says.

Sweat the Small Stuff

"Don't forget the personal touches," counsels Felicia Miller, assistant director of career services at the Art Institute of Las Vegas. "Don't use a template cover letter --

Message Board

A Message From the YPWW President:

Come and be blessed. Study to show thyself approved unto God.

Every Thursday Night at 6:30pm

(Youth Service immediately following @ 7:30pm)

Women's Department!!!! Women, remember to see Sis. Browder to choose a **secret pal** for 2008. Take time out to surprise them with a little something special every once in awhile. -- Women's Department

 Congratulations to Bro. Tony Hawley for being selected as Youth Shining Usher for the month of November. Also, another congrats to Sis. Shuaneka Martin-Ware for being recognized as November's Youth Shining Star. Keep up the good work.

Junior Fishing Workshops are being offered to teach children ages 5-9 the fundamentals of fishing. In addition to learning how to fish, participants will also enjoy two hours of open fishing. Be among the first to register your child for one of these exciting workshops. See Sis. Savannah Taylor for more info.

(Eight Tips con't)

make sure each letter addresses specific skills or qualities the company is looking for. And always send a [thank-you note or email](#) after the interview. Use this correspondence as an opportunity to revisit weak areas of your interview."

Stay Positive

The most important thing when searching for a job in tough economic times is to retain a [positive attitude](#), says Carol Vecchio, founder and executive director of Centerpoint Institute for Life and Career Renewal in Seattle. "Even in a job market with 10 percent unemployment, there's 90 percent employment," she says. "There is an average of over 3 million jobs available in the US per month -- and each job seeker is looking for one. Those are pretty good odds."

Struggling to find a great job in a bad economy can be a drag, but undertaking even a few of these tips will improve your chances of landing a gig. "Remember it doesn't matter how many jobs are or aren't out there," Vecchio says. "You're just looking for one -- the [right one](#) for you."



Inspirational Thought:



"To have fear is to lack faith in God." – Benny Hinn
Reference Scripture: ...And He said unto them, "Why are ye so fearful? How is it that ye have no faith?"
Mark 4:40



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WHAT ARE YOU TALKING ABOUT?

"Great minds discuss ideas;
 Average minds discuss events;
 Small minds discuss people."

-Eleanor Roosevelt

US diplomat & reformer
 (1884 - 1962)

Health Wise: **The 12 Ways to Health Holiday Song**

Source: <http://www.cdc.gov/family/holiday/12ways.htm>

1. The **first** way to health, said the CDC to me
[Wash hands](#) to be safe and healthy.
2. The **second** way to health, said the CDC to me
[Bundle up for warmth](#), and wash hands to be safe and healthy.
3. The **third** way to health, said the CDC to me
[Manage stress](#), bundle up for warmth, and wash hands to be safe and healthy.
4. The **fourth** way to health, said the CDC to me
[Don't drink and drive](#), manage stress, bundle up for warmth, and wash hands to be safe and healthy.
5. The **fifth** way to health, said the CDC to me
[BE SMOKE-FREE](#), don't drink and drive, manage stress, bundle up for warmth, and wash hands to be safe and healthy.
6. The **sixth** way to health, said the CDC to me
[Fasten belts while driving](#), BE SMOKE-FREE, don't drink and drive, manage stress, bundle up for warmth, and wash hands to be safe and healthy.
7. The **seventh** way to health, said the CDC to me
[Get exams and screenings](#), fasten belts while driving, BE SMOKE-FREE, don't drink and drive, manage stress, bundle up for warmth, and wash hands to be safe and healthy.
8. The **eighth** way to health, said the CDC to me
[Get your vaccinations](#), get exams and screenings, fasten belts while driving, BE SMOKE-FREE, don't drink and drive, manage stress, bundle up for warmth, and wash hands to be safe and healthy.
9. The **ninth** way to health, said the CDC to me
[Monitor the children](#), get your vaccinations, get exams and screenings, fasten belts while driving, BE SMOKE-FREE, don't drink and drive, manage stress, bundle up for warmth, and wash hands to be safe and healthy.
10. The **tenth** way to health, said the CDC to me
[Practice fire safety](#), monitor the children, get your vaccinations, get exams and screenings, fasten belts while driving, BE SMOKE-FREE, don't drink and drive, manage stress, bundle up for warmth, and wash hands to be safe and healthy.
11. The **eleventh** way to health, said the CDC to me
[Prepare dinner safely](#), practice fire safety, monitor the children, get your vaccinations, get exams and screenings, fasten belts while driving, BE SMOKE-FREE, don't drink and drive, manage stress, bundle up for warmth, and wash hands to be safe and healthy.
12. The **twelfth** way to health, said the CDC to me
[Eat well and get moving](#), prepare dinner safely, practice fire safety, monitor the children, get your vaccinations, get exams and screenings, fasten belts while driving, BE SMOKE-FREE, don't drink and drive, manage stress, bundle up for warmth, and wash hands to be safe and healthy.

You Can Become Your Own Boss!

Source: *Shape Magazine* August 2008 edition

Stop daydreaming about the career you would have if only you could branch out on your own and do it! Victoria Colligan and Beth Schoenfeldt, founders of the Ladies Who Launch program and authors of *Ladies Who Launch: Embracing Entrepreneurship & Creativity as a Lifestyle*, have been showing women how to open their own businesses for years. "Women are becoming entrepreneurs at a higher rate than men because they want more freedom, flexibility, and control over their lives," says Schoenfeldt. "Living a life they love often takes priority over money and climbing the corporate ladder." To put yourself on the path to your ideal career, follow these three steps.

1. Start Small. "If you want to design jewelry, make a necklace for yourself and wear it," says Colligan. "You'll see then if you enjoy the process and the product. If you do, create a loose plan. For example, make it your goal in the first month to sell 10 necklaces at \$45 each with a \$15 profit so you can buy supplies for your next batch."
2. Gauge Reactions. "You know you have a viable idea if people say things like, 'Sign me up' or 'Where do I buy that?' when they hear your idea," says Colligan.
3. Set Up A Support Network. "Surrounding yourself with entrepreneurial-minded women will help you stay motivated and positive," says Schoenfeldt.

Calendar Events

December Events:

- 16th – Purity Class Christmas Party 6p
- 17th – Sunshine Band Christmas Party 7p
- 18th – Youth Dept. Christmas Party 7p
- 19th – Singles' Christmas Party 6:30p
- 20th – Holistic Day 9a
- 20th – Couples' Christmas Party 6p
- 21st – Church Christmas Party 3p
- 24th – Christmas Eve
- 25th – MERRY CHRISTMAS!!!
- 28th – Family and Friends Day
- 31st – Watch Night Service 7p



Gifts of the Spirit

Source: <http://www.domestic-church.com/>

Jesus, before he left His earthly ministry offered us the gift of the Holy Spirit. This gift is God working in our lives. The Holy Spirit offers us gifts and fruits which help us to appreciate and enjoy the gift of life given to us by our father. How many of us could live a full happy life without wisdom, or joy, or patience, or goodness, or self control? The Holy Spirit's gifts are freely given, ongoing and never ending, we can call upon them whenever we feel the need to use them. From the Holy Spirit we can learn to give of ourselves. We can learn that more precious to someone than that perfect sweater, might be the gift of our time, and our concern for their lives and their struggles.

So what is the best way for us to commemorate the greatest giver of all during this season of giving? By giving each other the latest CD or video game? Or by giving ourselves to others? This year try to think of one thing that you can do that will truly help others. Give of your whole self. Don't just give your money, but give time, and resources. Work one day a week in a soup kitchen, or thrift shop, volunteer at the Hospital, or Boy's and Girl's Club. Find the name of a shut-in who belongs to your church and go and visit that person. Find that one special and unique gift that will have very special meaning for the person you are giving it to. Give all with a joyful heart, asking nothing in return. (Read the entire article online.)

Making Meaningful Christmas Memories

Source: <http://www.focusonthefamily.com>

Christmas is magical. Regardless of age, it transports us back to our childhood: tinsel on the tree, stockings hung by the fireplace, colorful packages needing to be shaken, and traditional celebrations with faithful friends and relatives. For our children, this holiday is still being written upon their future memories. This is why we as parents need to make sure that what they remember is packaged in precious truths about how God's love reached out to a dying world, one silent night in a town called Bethlehem.

How shepherds watching their flocks received a surprise visit from heavenly creatures, showing that God is for everyone, regardless of their social stature. How angels announced peace for mankind, on whom God's favor rests, proving that our Intelligent Designer isn't the kind to create things and then walk away. How good news about our savior spread throughout the world, explaining why we still celebrate today.

So this Christmas, as you reveal the greatest love story ever told, try these fun-filled age-appropriate activities that will direct children, and adults, back to the true meaning of the holiday, when we celebrate Emmanuel, God who is with us.

Ages 0-3

- In order to avoid making Christmas a "don't touch holiday" for little ones, give them fun things they *can* touch.
- Move glass ornaments and lights up to higher branches on the Christmas tree, and help your child make fun decorations for the bottom.
- String pieces of colored tissue paper cut into squares onto shoestrings to hang as garland.
- Get out the glitter and make paper ornaments.
- Mold a nativity scene from clay dough and display in a prominent place. Tell the story of Christmas while you do this.
- Decorate cookies and build gingerbread houses together as a family.

Ages 4-7

- Help your little ones focus on others this season by making use of those Christmas cards received in the mail. Place the cards in a basket on the dinner table; taking turns each

night drawing one out. Then pray together for that person or family.

- Also, start a family tradition by picking out a new holiday picture book to read each Christmas Eve. Some of my favorites are:
 - *10 Minutes to Showtime*, by Tricia Goyer
 - *The Crippled Lamb*, by Max Lucado
 - *The Stable Where Jesus was Born*, by Rhonda Gowler Greene
 - *The Christmas Rose*, by William H. Hooks

Ages 8-12

- Ring in an international Christmas by assigning a country to each child. Besides reporting about how that country celebrates the holiday, he or she can prepare a seasonal dish to share, or demonstrate a song or folkdance. Then pray for the people of that culture so that they too might understand the meaning of God's love.

Ages 13-18

- This age group is old enough to bundle up and go caroling. During each visit allow for a few seasonal songs and readings from the scriptures proclaiming the birth of the newborn king. Besides visiting the neighbors, teens may want to stop by the local convalescent home, hospital, or homeless shelter.

All Ages

- Many families choose to celebrate Advent – the days leading up to Christmas Day. There are fun Advent calendars on the market, some with doors that open and play songs, others that hide chocolate candies or other treats. Consider making each Sunday leading up to Christmas special by lighting a candle, reading passages from scripture, and serving a yummy dessert. A great resource for Advent celebrations is the book, *Just 25 Days 'Til Christmas: An Advent Celebration for the Entire Family*, by Rebecca Hayford Bauer.

Kids KornerThe First Christmas

G
 WIX
 IOFNQ
 HPRTLNQ
 HIHSSTARD
 CHILD
 QOIRVUF
 SHEPHERDS
 DSAMXCANJKX
 TMANGER
 MHAIGIJBY
 EEYNBDIEQJP
 OVHCUALYSFFUO
 EEEYOEULK
 NLHLWGJSIEA
 SOHPSZOXNUMXD
 EZSTOLSWGEJAXSW
 UEREJOICERM
 VYBPGDSBABYG
 JWWSNTIHRVDUY
 XFIYBFATHERODJAFU
 WYH
 HQN
 FEG

Angels Baby Bethlehem Census Child Christ
 Father Worship Gifts God Gold Herod
 Jesus Joseph King Magi Manger Mary
 Prophecy Rejoice Shepherds Son Stable Star
 Emmanuel Inn Myrrh

(Source: <http://christiananswers.net/kids/wrdsrch5.html>)

