

# The Faithful Word

February 2009

“God Is...” Psalms 46:1

Edition 75

## \*Join Us For Service\*

### Sunday Services

Sunday School: 9:30 A.M.  
Morning Worship: 11:00 A.M.  
Pastoral Teaching: 6:00 P.M.  
Evening Worship: 7:30 P.M.

### Tuesday Service

Prayer & Bible Band 10:00 A.M.

### Wednesday Rehearsals

Youth Choir: 6:00 P.M.  
Inspirational Choir: 7:30 P.M.

### Thursday Services

Y.P.W.W.: 6:30 P.M.  
Youth Service: 7:30 P.M.

### Individual Highlights:

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## Greater Victory C.O.G.I.C.

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San Bernardino, CA 92408  
(909) 889-7205



[www.greatervictoryonline.org](http://www.greatervictoryonline.org)



Supt. George A. Martin &  
Evangelist Ida Martin

## From the Pastor's Desk

### “Healing for Damaged Emotions”

\*A selection submitted by Pastor Martin to help those in need.

Father, in the name of Jesus, I come to You with a feeling of shame and emotional hurt. I confess my transgressions to You (continually unfolding the past until all is told). You are faithful and just to forgive me and cleanse me of all unrighteousness. You are my hiding place and You, Lord, preserve me from trouble. You surround me with songs and shouts of deliverance. I have chose life and according to Your word, You saw me while I was being formed in my mother's womb and on the authority of Your word, I was wonderfully made. Now, I am Your handiwork, recreated in Christ Jesus.

Father, You have delivered me from the spirit of fear and I shall not be ashamed. Neither shall I be confounded and depressed. You gave me beauty for ashes, the oil for joy for mourning and the garment of praise for the spirit of heaviness that I might be a tree of righteousness, the planting of the Lord, that You might be glorified. I speak out in psalms, hymns and spiritual songs, offering praise with my voice and making melody with all my heart to the Lord. Just as David did in Samuel 30:6, I encourage myself in the Lord.

I believe in God, who raised Jesus from the dead, who was betrayed and put to death because of my misdeeds and was raised to secure my acquittal,

absolving me from all guilt before God. Father, You anointed Jesus and sent Him to bind up and heal my broken heart, and liberate me from the shame of my youth and imperfections of my caretakers. In the name of Jesus, I choose to forgive all those who have wronged me in any way. You will not leave me without support as I complete the forgiveness process.

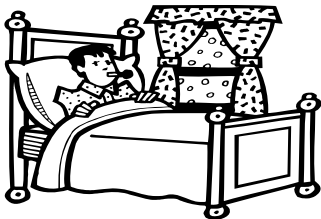
I take comfort and am encouraged and confidently say, “The Lord is my Helper; I will not be seized with alarm. What can man do to me?” My spirit is the candle of the Lord searching all the innermost parts of my being, and the Holy Spirit leads me into all truth. When reality exposes shame and emotional pain, I remember that sufferings of this present life are not worth being compared with the glory that is about to be revealed to me and for me and conferred on me! The chastisement needful to obtain my peace and wellbeing was upon Jesus, and with the stripes that wounded Him, I was healed and made whole. As your child, Father, I have a joyful and confident hope of eternal salvation. This hope will never disappoint, delude or shame me, for God's love has been poured out in my heart through the Holy Spirit who has been given to me. In His name I pray, Amen.



## February

Sis. Linda Sagoe  
 Min. Dalton Martin  
 Jr. Min. Joshua Lee  
 Sis. Vivian Scott  
 Jr. Min. George F. Martin

### \*\*\*Sick and Shut-In\*\*\*



Please remember those who are sick and shut-in. Keep them in your prayers.

Sometimes a kind word, a phone call, or even a smile can make a world of difference.

\*Please remember the Darcy and Sims families in prayer.

### Message From the Sunday School

\*\*\*If you know your Bible, the Sunday School needs you. If you don't know your Bible, you need to come to Sunday School each Sunday morning at 9:30am.

Evangelist  
 Stephanie Harris -  
 Sunday School Supt.

## Education Connection: "Teaching Your Child About Tolerance"

Source: <http://kidshealth.org/parent/positive/talk/tolerance.html>

\*In honor of Black History month, look for Black history facts throughout this edition of *The Faithful Word*. Quote: "The future of Black education relies on embracing the past."

America is the great "melting pot," a rich blend of cultural traditions from all over the world. Many American families can trace their histories to immigrant ancestors who traveled great distances, enduring risk and hardship, to make a home where they would be guaranteed basic freedoms. And for many American families these freedoms came with a struggle. Their parents and grandparents were deprived the basic rights we value.

American society was founded on freedom from religious persecution and on tolerance of differences in beliefs and cultural heritage. The differences (or diversity) that come from people from all over the world enrich our culture, bringing new ideas and energy. Today, more than ever, kids interact with people of differing ethnicities, religions, and cultures. Classrooms are increasingly diverse, reflecting the communities where families live and work.

### About Tolerance

Tolerance refers to an attitude of openness and respect for the differences that exist among people. Although originally used to refer to ethnic and religious differences, the concepts of diversity and tolerance can also be applied to gender, people with physical and intellectual disabilities, as well.

### How Can Parents Teach Tolerance?

Parents can teach tolerance by example — and in other ways, too. Talking together about tolerance and respect helps kids learn more about the values you want them to have.

Things parents can do to help kids learn tolerance include:

- Notice your own attitudes. Parents who want to help their kids value diversity can be sensitive to cultural stereotypes they may have learned and make an effort to correct them. Demonstrate an attitude of respect for others.
- Remember that kids are always listening. Be aware of the way you talk about people who are different from yourself. Do not make jokes that perpetuate stereotypes. Although some of these may seem to be harmless fun, they can undo attitudes of tolerance and respect.
- Select books, toys, music, art, and videos carefully. Keep in mind the powerful effect the media and pop culture have on shaping attitudes.
- Point out and talk about unfair stereotypes that may be portrayed in media.
- Answer kids' questions about differences honestly and respectfully. This teaches that it is acceptable to notice and discuss differences as long as it is done with respect.
- Acknowledge and respect differences within your own family. Demonstrate acceptance of your children's differing abilities, interests, and styles. Value the uniqueness of each member of your family.
- Remember that tolerance does not mean tolerating unacceptable behavior. It means that everyone deserves to be treated with respect — and should treat others with respect as well.
- Help your children feel good about themselves. Kids who feel badly about themselves often treat others badly. Kids with strong self-esteem value and respect themselves and are more likely to treat others with respect, too. Help your child to feel accepted, respected, and valued.
- Give kids opportunities to work and play with others who are different from them. When choosing a school, day camp, or child-care facility for your child, find one with a diverse population.
- Honor your family's traditions and teach them to your kids — and to someone outside the family who wants to learn about the diversity *you* have to offer.

When parents encourage a tolerant attitude in their children, talk about their values, and model the behavior they would like to see by treating others well, kids will follow in their footsteps. Visit the web link to read the full article.

## Seven Steps to Earthquake Safety

Submitted by Sis. Sagoe

### Step #7: WHEN SAFE, CONTINUE TO FOLLOW YOUR DISASTER- PREPAREDNESS PLAN

Once you have met your and your family's immediate needs after an earthquake, continue to follow the plan you prepared in advance. Aftershocks will continue to happen for several weeks after major earthquakes. Some may be large enough to cause additional damage. Always be ready to drop, cover, and hold on. Your recovery period can take several weeks to months or longer. Take the actions listed below to be safe and to minimize the long-term effects of the earthquake on your life.

#### The first days after the earthquake...

Use the information you put together in your disaster plan and the supplies you organized in your disaster kits. Until you are sure there are no gas leaks, do not use open flames (lighters, matches, candles, or grills) or operate any electrical or mechanical device that can create a spark (light switches, generators, motor vehicles, etc.). Never use the following indoors: camp stoves, gas lanterns or heaters, gas or charcoal grills, or gas generators. These can release deadly carbon monoxide or be a fire hazard in aftershocks.

#### Be in communication

- Turn on your portable or car radio for information and safety advisories.
- Place all phones back on their cradles.
- Call your out-of-area contact, tell them your status, and then stay off the phone. Emergency responders need to use the phone lines for life-saving communications.
- Check on the condition of your neighbors. *Food and water*
- If power is off, plan meals to use up refrigerated and frozen foods first. If you keep the door closed, food in your freezer may be good for a couple of days.
- Listen to your radio for safety advisories.
- If your water is off or unsafe, you can drink from water heaters, melted ice cubes, or canned

vegetables. Avoid drinking water from swimming pools or spas.

- Do not eat or drink anything from open containers that are near shattered glass.

#### The first weeks after the earthquake...

This is a time of transition. Although aftershocks may continue, you will now work toward getting your life, your home and family, and your routines back in order. Emotional care and recovery are just as important as healing physical injuries and rebuilding a home. Make sure your home is safe to occupy and not in danger of collapse in aftershocks. If you were able to remain in your home or return to it after a few days, you will have a variety of tasks to accomplish:

- If your gas was turned off, you will need to arrange for the gas company to turn it back on.
- If the electricity went off and then came back on, check your appliances and electronic equipment for damage.
- If water lines broke, look for water damage.
- Locate and/or replace critical documents that may have been misplaced, damaged, or destroyed.
- Contact your insurance agent or company right away to begin your claims process.
- Contact the Federal Emergency Management Agency (FEMA) to find out about financial assistance ([www.fema.gov/about/process/](http://www.fema.gov/about/process/)).

**Once you have recovered from the earthquake**, go back to Step 1 and do the things you did not do before, or do them more thoroughly. Learn from what happened during the earthquake so you will be safer next time.

#### If you cannot stay in your home...

If your home is structurally unsafe or threatened by a fire or other hazard, you need to evacuate. However, shelters may be overcrowded and initially lack basic services, so do not leave home just because utilities are out of service or your home and its contents have suffered moderate damage.

If you evacuate, tell a neighbor and your out-of-area contact where you are going. As soon as possible, set up an alternative mailing address with the post office.

## \*\*\*Message Board\*\*\*

### A Message From the YPWW President:

Come and be blessed. Study to show thyself approved unto God.  
Every Thursday Night at 6:30pm  
(Youth Service immediately following @ 7:30pm)

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### \*\*IMPORTANT ANNOUNCEMENT\*\*

SAN BERNARDINO COUNTY ILP  
IN CONJUNCTION WITH

**Cathedral of Praise International Ministries**

**Is offering a**

**PREPARATION DAY & REVIEW FOR THE CALIFORNIA HIGH SCHOOL EXIT EXAM (CAHSEE)**

~ENGLISH AND MATH~

This workshop will be held on:

Saturday, March 7<sup>th</sup>, 2009

From 8:00am to 12:00pm

Cathedral of Praise International

1521 S. Riverside Ave, Rialto

**Contact the ILP Clerk in your Region to Register**

Eastern Region- Tracy Ramos (909) 386-1394

- Philomena Dias (909) 386-1147

Western Region- Sandra Hernandez- (909) 945-3931

Desert Region -Tiffany Walker (760) 843-4215

**LAST DAY TO REGISTER FOR THIS WORKSHOP IS FEBRUARY 19<sup>TH</sup>, 2009.**

**Transportation & Continental Breakfast will be provided!**

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**Assemblymember**

**Wilmer Amina Carter**

**Announces...**

### Free Cash for College

A state-sponsored Cal Grant is one of the most effective ways to pay for college in California . It is **free money** and does not need to be paid back. To qualify, you must be a graduating senior or recent graduate, have at least a 2.0 GPA, meet financial requirements and **apply by March 2nd**. For more information contact the District Office:

335 N. Riverside Ave.

Rialto , CA 92376

Tel: (909) 820-5008

Fax: (909) 820-5098

NOTE: Beware of Scholarship Scams!

For more information on scholarship scams, visit the [Federal Trade Commission website](#) or call 1-877-382-4357.

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**FACT: Shirley Chisholm** was the first African American woman elected to the House of Representatives. She was elected in 1968 and represented the state of New York. She broke ground again four years later in 1972 when she was the first major party African-American candidate and the first female candidate for president of the United States.

## Inspirational Thought:



**“We believe the Word of God;  
therefore we do the Word of God.”**

– Frederick K.C. Price

**Reference Scripture: “...I will show  
you my faith by what I do.”**

( James 2:18b *NIV* )

## Health Wise: Acne Myths

Source: [http://kidshealth.org/parent/growth/growing/acne\\_myths.html](http://kidshealth.org/parent/growth/growing/acne_myths.html)

Lots of kids and teens have to cope with acne. It's a common part of puberty, but adults and preteens get it too. Because it's so common, acne is the subject of much discussion — and many myths. By clearing up some of the common tales about acne, you can help your son or daughter get through it!

**Myth: Eating greasy, fried foods or chocolate can cause acne.**

**Fact:** Numerous scientific studies have come to the same conclusion: There's no connection between diet and acne. Although it can be tempting to use this myth to encourage kids to eat more fruits and vegetables, blaming zits on pizza, soda, French fries, and candy bars just isn't accurate.

**Myth: The more you wash your face, the fewer breakouts you'll have.**

**Fact:** Hygiene isn't related to the development of acne, either. Washing the face each day gets rid of dead skin cells, excess oil, and surface dirt, but too much cleansing or washing too vigorously can lead to dryness and irritation — which can actually make acne worse.

Dermatologists usually recommend gently washing — not scrubbing or rubbing — the face no more than twice a day with a mild cleanser and patting the skin dry. Kids should steer clear of harsh exfoliants or scrubs, which can actually irritate blemishes. In addition, toners containing high concentrations of alcohol can dry out the skin and should be avoided.

**Myth: Popping pimples will help them go away faster.**

**Fact:** Though popping a pimple may make it seem less noticeable temporarily, popping can cause the zit to stay around longer. Popping a pimple pushes bacteria from the zit further into the skin, making the area around the acne even more reddened and inflamed. Pimple-popping devices — such as "blackhead extractors" advertised in magazines — aren't any safer. Sometimes, popping a pimple will cause a brown or red scar to form that could last months; and scars, in the form of dents and pits, can last forever.

Kids can get help for acne. A dermatologist can suggest acne treatments if your child:

- has tried over-the-counter acne treatments with little or no success
- has developed acne scars
- has painful, large pimples
- is dark-skinned and has acne that's causing dark patches to form
- has low self-esteem or a reduced enjoyment of life because of acne

Prescription acne medication may take up to 8 weeks to have a noticeable effect, so remind kids to use the medication exactly as directed. If the acne doesn't improve within 6 to 8 weeks, talk to the dermatologist. (For the full article, visit the link source above.)



### \*\*\*\*\*Newsletter Staff\*\*\*\*\*

#### Editor in Chief:

Sis. Jessika Shields

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Evg. Missy. Evelyn Tahiru

#### Reporters:

Dea. Robert Shields

Evg. Missy. Savannah Taylor

Sis. Linda Sagoe

#### Youth Page Reporters:

Sis. Mahogany Moore

### WHAT ARE YOU TALKING ABOUT?

“Great minds discuss ideas;  
Average minds discuss events;  
Small minds discuss people.”

#### **-Eleanor Roosevelt**

*US diplomat & reformer*

(1884 - 1962)

### Cheap Date Ideas\*

(from the BANNER, CBU's student newspaper, Vol. 6, Issue 8)

*By Kristen Vaughn, Staff Writer*

They say you can't buy love, but that doesn't seem to keep millions of Americans from spending billions of dollars on Valentine's Day every Year....here are [10] cheap date ideas...

1. Carpool to the beach
2. Donate your time at a shelter
3. Go to a sporting event
4. Rent a movie you both love, mute it and see how much of the script you can quote from memory
5. Go on a cookie ingredient scavenger hunt
6. Go fly a kite
7. Join a club together
8. Explore downtown Riverside and The Mission Inn
9. Instead of buying her flowers, take her to a nursery and let her pick out some flowers that you can plant in a pot, together
10. Have a double date ice cream sculpting contest

*\*Much of the article was omitted for space*

### Chili Cook Off

On Saturday, January 31<sup>st</sup>, 2009, the Brothers for Christ Ministry at Greater Victory sponsored their first ever chili cook-off. The Chili cook-off featured five contestants: Deacon Carl Sims, Senior Deacon Sterling, Minister Jovan Byrd, Elder Rashid Mitchell and Deacon Greg Taylor. Deacon Sims received the first place ribbon for his pot of chili, while Deacon Taylor took home the second place ribbon. The Brothers for Christ thank God and the Greater Victory family for making this event a huge success.



(L to R) Minister Jovan Byrd and Elder Rashid Mitchell

## Calendar Events

### February Events:

9<sup>th</sup> – Women for Christ Mtg. 7p  
 12<sup>th</sup> – 14<sup>th</sup> – Couples Retreat  
 14<sup>th</sup> – VALENTINE'S DAY  
 20<sup>th</sup> – Singles' Mtg. 6p  
 20<sup>th</sup> – Over 40 Singles' Mtg. 6p  
 21<sup>st</sup> – Couples' Mtg. 6p  
 20<sup>th</sup> – J3 Friday Night Fire!

### March Events:

8<sup>th</sup> – Daylight Savings Time begins  
 9<sup>th</sup> – Women for Christ Mtg. 7p  
 13<sup>th</sup> – Singles' Mtg. 6p  
 13<sup>th</sup> – Over 40 Singles' Mtg. 6p  
 14<sup>th</sup> – Couples Mtg. 6p  
 19<sup>th</sup> – 22<sup>nd</sup> – Women's Retreat  
 25<sup>th</sup> – 27<sup>th</sup> – Annual Choir Workshop  
 30<sup>th</sup> – Men's Mtg. 7p  
 30<sup>th</sup> – YWCC 7p

## "GV YOUTH PAGE"

### Words from Our Youth Minister – Elder L.D. Hawley

I want to thank everyone who supports the youth department. We have a lot of activities planned for the youth this year and the Lord is truly going to bless. So, youth don't stay home, come out and get involved. The bible say's "I must work the works of Him that sent me, while it is day. The night cometh, when no man can work" John 9:4.

### Credit Seminar Acknowledgements

The Youth Department would like to give a special thanks to Bro. Cook, Dea. Whitfield, and Evg. Taylor. They came out and spoke to the youth about keeping, maintaining, and protecting their credit. It was an enlightening experience. Thank you for your support.

**FACT: Wilma Rudolph (1940 -1994)** a record breaking track star was born the 20th of 22 children, and stricken with polio as a child. She not only overcame polio but broke world records in three Olympic track events and was the first American woman to win three gold medals at the Olympics (1960).

**FACT: Daniel Hale Williams (1858-1931)** was a pioneer in open heart surgery. In 1893, with the help of a surgical team, he saved a person who had been stabbed. Williams opened up the patient's chest, exposing the beating heart, and sewed the knife wound (which was a fraction of an inch from the heart). He did this without the aid of X-rays, blood transfusions, or anesthetics (numbing, pain-killing drugs).

## Accomplishments of Our Youth... Great Job GV Youth

The youth are a vital part of our society, especially in these days and times. We would like to take out time to acknowledge our youth here at Greater Victory and let them know that we are proud of them. Please, keep up the good work and CONGRATULATIONS to you all!!!



### CONGRATULATIONS CASSANDRA!!!

Cassandra Boykins was crowned 1<sup>st</sup> runner up in this year's Miss San Bernardino Pageant. All though you didn't officially win the 1<sup>st</sup> place crown in the pageant you got 1<sup>st</sup> place right here with us.

### Miss Duchess - San Bernardino High School

Congratulations to Lonique Cowan who was crowned Duchess at her Winter Formal. You Go Girl!!!

## THINGS TO REMEMBER

\$20 Deposits for Youth Congress are due. Slots are filling up fast and we don't want our Greater Victory youth to miss out so please get your monies in as soon as possible. Please see Evg. Nicole Martin or Sis. Nakita Jackson for more information.

Friday Night Fire is February 20<sup>th</sup> at 7pm at New Direction in Pomona, CA. Please everyone, let's come out and join our Youth President, Elder George Martin II. You don't want to miss it because you will be blessed.

On Thursday February 27<sup>th</sup>, the Youth Department will be having a special Black History program. Everyone is asked to dress in attire that represents Black history.

Youth please don't forget that we are reading the New Testament. You all should be in the book of Mark now. Don't give up!

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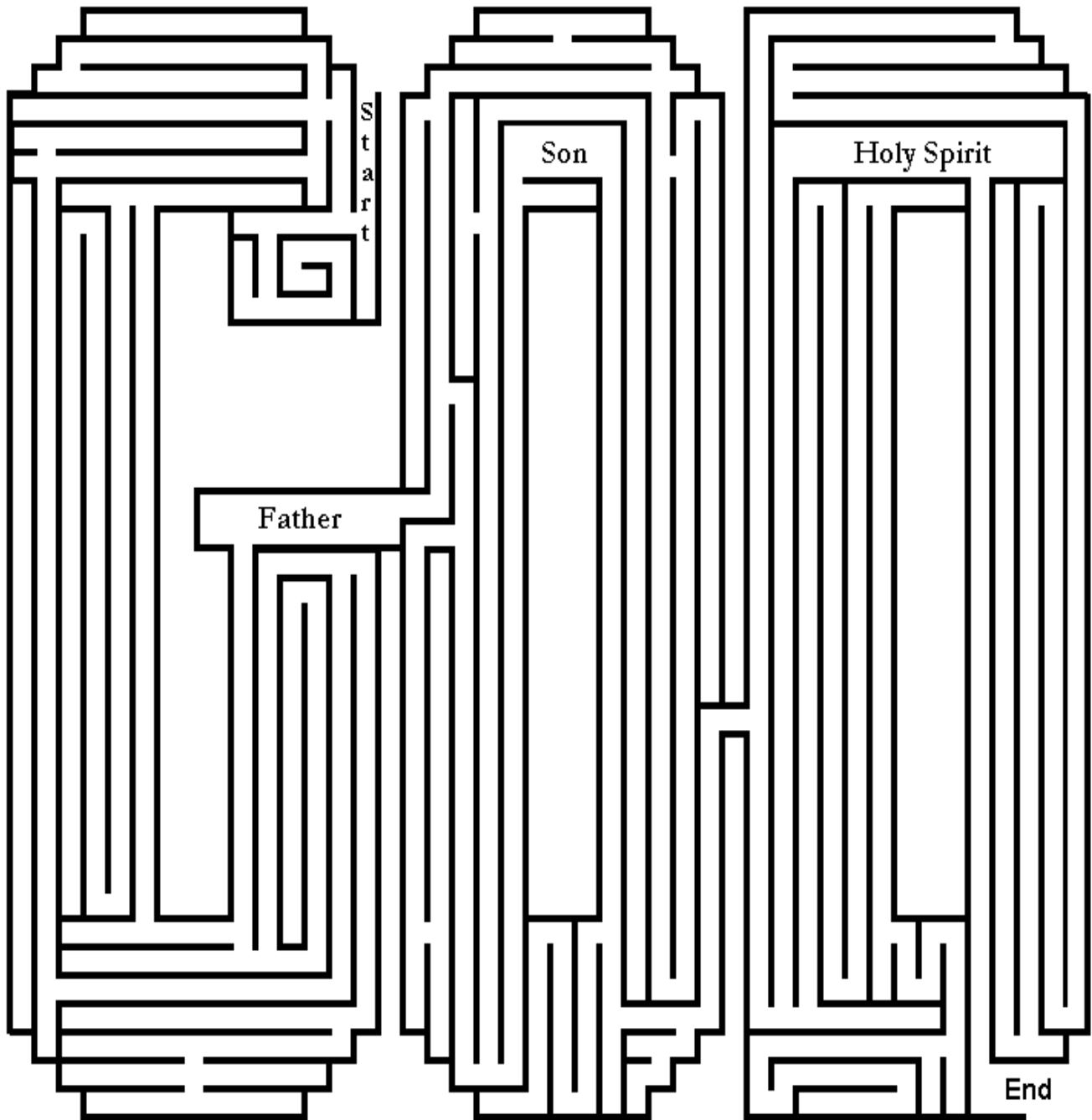
**FACT: Paul Cuffee (1759 – 1817)** an African-American, philanthropist, ship captain, and devout Quaker transported 38 free African-Americans to Sierra Leone, Africa in 1815 in the hopes of establishing Western Africa. He also founded the first integrated school in Massachusetts in 1797.

**FACT: Cathay Williams (1842 – unknown)** was the first and only known female Buffalo Soldier. She was born into slavery and worked for the Union army during the Civil War. She posed as a man and enlisted as Williams Cathay in the 38th infantry in 1866. She was given a medical discharge in 1868.

**FACT: America enjoyed nearly 250 years of free labor** to build its economy. It is estimated that slaves produced \$40,000,000,000 (yes billion) worth of free labor. Moreover, executive, legislative, and judicial arms of government perpetuated social inequalities far beyond chattel slavery.

**FACT: Garrett Augustus Morgan (1877 - 1963)** invented, among many other things, a 3-way automatic stop sign, which he sold to General Electric. It was used in the U.S. until the 3-light traffic sign was developed.

# Kids Korner



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**FACT: Barack Hussein Obama (1961 - )** claimed his place in history as America's first black president, summoning a dispirited nation to unite in hope against the "gathering clouds and raging storms" of war and economic woe. On an extraordinary day in the life of America, people of all colors and ages waited for hours on a Tuesday in frigid temperatures to witness the moment as a young black man with a foreign-sounding name took command of a nation founded by slaveholders. It was a scene watched in fascination by many millions — perhaps billions — around the world.