

# The Faithful Word

February 2010

“Proclaiming A Greater Victory” I John 5:4-5

Edition 87

## \*Join Us For Service\*

### Sunday Services

Sunday School: 9:30 A.M.  
Morning Worship: 11:00 A.M.  
Pastoral Teaching: 6:00 P.M.  
Evening Worship: 7:30 P.M.

### Tuesday Service

Prayer & Bible Band 10:00 A.M.

### Wednesday Rehearsals

Youth Choir: 6:00 P.M.  
Inspirational Choir: 7:30 P.M.

### Thursday Services

Y.P.W.W.: 6:30 P.M.  
Youth Service: 7:30 P.M.

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[www.greatervictoryonline.org](http://www.greatervictoryonline.org)



Supt. George A. Martin &  
Evangelist Ida Martin

## From the Pastor's Desk

### Healing From Abuse

\*A selection submitted by Pastor Martin to help those in need.

Lord, You are my High Priest, and I ask You to loose me from this “infirmity”. The abuse I suffered pronounced me guilty and condemned. I was bound in an emotional prison, crippled and could in no way lift up myself. You have called me to yourself and I have come.

The anointing that is upon You is present to bind up and heal the brokenness and emotional wounds of the past. You are the truth that makes me free. Thank you, Lord, for guiding me through the steps to emotional wholeness. You have begun a good work in me and you will perform it until the day of Christ Jesus.

Father, I desire to live according to the Spirit of life in Christ Jesus. This Spirit of life in Christ, like a strong wind, has magnificently cleared the air, freeing me from a fated lifetime of brutal tyranny at the hands of abuse.

Praise be to You! I am a new creature in Christ Jesus. Old things have passed away and behold all things have become new. I declare and decree that henceforth I will walk in newness of life.

Forgive me, Father, for self hatred and self condemnation. I am your child. You sent Jesus that I might have life and have it more abundantly. Thank you for the blood of Jesus that makes me whole.

It is my desire to throw all spoiled virtue and cancerous evil in the garbage. In simple humility, I let my gardener, you Lord, landscape me with the Word, making a salvation garden of my life.

Father, by your grace, I forgive my abuser/abusers and ask you to bring him/her/them to repentance. In the name of Jesus I pray, Amen.

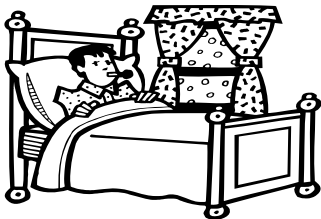




## February

Sis. Linda Sagoe  
Sis. Vivian Scott  
Eld. Dalton Martin  
Bro. Joshua Lee

### \*\*\*Sick and Shut-In\*\*\*



Please remember those who are sick and shut-in. Keep them in your prayers.

Sometimes a kind word, a phone call, or even a smile can make a world of difference.

\*Please remember the Strickney and Williams families in prayer.

### Message From the Sunday School

\*\*\*If you know your Bible, the Sunday School needs you. If you don't know your Bible, you need to come to Sunday School each Sunday morning at 9:30am.

Evangelist  
Stephanie Harris -  
Sunday School Supt.

## Education Connection: "Teaching Your Child About Tolerance"

Source: <http://kidshealth.org/parent/positive/talk/tolerance.html>

\*In honor of Black History month, look for Black history facts throughout this edition of *The Faithful Word*. Quote: "The future of Black education relies on embracing the past."

America is the great "melting pot," a rich blend of cultural traditions from all over the world. Many American families can trace their histories to immigrant ancestors who traveled great distances, enduring risk and hardship, to make a home where they would be guaranteed basic freedoms. And for many American families these freedoms came with a struggle. Their parents and grandparents were deprived the basic rights we value.

American society was founded on freedom from religious persecution and on tolerance of differences in beliefs and cultural heritage. The differences (or diversity) that come from people from all over the world enrich our culture, bringing new ideas and energy. Today, more than ever, kids interact with people of differing ethnicities, religions, and cultures. Classrooms are increasingly diverse, reflecting the communities where families live and work.

### About Tolerance

Tolerance refers to an attitude of openness and respect for the differences that exist among people. Although originally used to refer to ethnic and religious differences, the concepts of diversity and tolerance can also be applied to gender, people with physical and intellectual disabilities, as well.

### How Can Parents Teach Tolerance?

Parents can teach tolerance by example — and in other ways, too. Talking together about tolerance and respect helps kids learn more about the values you want them to have.

Things parents can do to help kids learn tolerance include:

- Notice your own attitudes. Parents who want to help their kids value diversity can be sensitive to cultural stereotypes they may have learned and make an effort to correct them. Demonstrate an attitude of respect for others.
- Remember that kids are always listening. Be aware of the way you talk about people who are different from yourself. Do not make jokes that perpetuate stereotypes. Although some of these may seem to be harmless fun, they can undo attitudes of tolerance and respect.
- Select books, toys, music, art, and videos carefully. Keep in mind the powerful effect the media and pop culture have on shaping attitudes.
- Point out and talk about unfair stereotypes that may be portrayed in media.
- Answer kids' questions about differences honestly and respectfully. This teaches that it is acceptable to notice and discuss differences as long as it is done with respect.
- Acknowledge and respect differences within your own family. Demonstrate acceptance of your children's differing abilities, interests, and styles. Value the uniqueness of each member of your family.
- Remember that tolerance does not mean tolerating unacceptable behavior. It means that everyone deserves to be treated with respect — and should treat others with respect as well.
- Help your children feel good about themselves. Kids who feel badly about themselves often treat others badly. Kids with strong self-esteem value and respect themselves and are more likely to treat others with respect, too. Help your child to feel accepted, respected, and valued.
- Give kids opportunities to work and play with others who are different from them. When choosing a school, day camp, or child-care facility for your child, find one with a diverse population.
- Honor your family's traditions and teach them to your kids — and to someone outside the family who wants to learn about the diversity *you* have to offer.

When parents encourage a tolerant attitude in their children, talk about their values, and model the behavior they would like to see by treating others well, kids will follow in their footsteps. Visit the web link to read the full article.

## Managing Debt: Consolidate Student Loans

Source: <http://www.suzeorman.com>

### HURRY UP: Consolidate Student Loans Now Before Rates Rise On July 1.

If you have unconsolidated student loans, or know anyone with unconsolidated federal loans, listen up: now is the absolute last chance to lock in the lowest interest rates in history. That's because the interest rate on Federal student loans have a variable rate that is reset every July 1. And this July 1st is going to be a doozy: the rate is probably going to climb at least two percentage points.

Right now if you are still in school or within the six-month grace period after graduation you may be eligible to consolidate at a ridiculously great 2.875 percent. If you've been out of school for a while you may be able to consolidate at 3.37 percent. And some lenders offer discounts of up to 1.25 percentage points if you agree to have your payments made via direct deposits from a checking account.

But if you do nothing now, or consolidate after July 1, the base loan rates are going to jump up. We won't know the final figures until later in June, but it's likely the in-school/grace period rate will be in the vicinity of 4.5 percent and the out-of-school rate will adjust to close to 5.2 percent. Why would you willingly pay those higher rates if you can lock in the lower rates for the life of your loan?

### Come on, Consolidate!

### Consolidate Even if You are in School

In a neat twist, the Dept. of Education now says it is



totally okay for students with FFEL loans (loans from financial institutions rather than direct loans from the Dept. of Education) who are still in school to consolidate today to lock in the low rates before July 1. Technically what happens is that you will ask for your loan to be put into repayment. Then from there you can consolidate. Once your loans are consolidated you will request an in-school deferment so you won't have to start making payments until after graduation. You typically can't consolidate if your loans total less than \$7,500, so in-school consolidation is most practical for juniors and seniors. The one small downside to doing this is that you will probably lose out on the typical six-month grace period after graduation where you don't have to start loan repayment. But I still think it is worth trying to get your loans consolidated now, rather than face much higher loan rates down the line.

(By the way: if you have a Direct Loan from the Dept. of Education you have always been eligible to consolidate while in school.)

### Don't wait until June 30th

Procrastination is not going to work. You need to complete your consolidation application by June 30th. So please don't let this slide; start the process now. Begin by checking in with your current lender to see what consolidation options are available. If you have loans from more than one lender, you can shop around for the best consolidation deal.

## \*\*\*Message Board\*\*\*

### A Message From the YPWW President:

Come and be blessed. Study to show thyself approved unto God.  
Every Thursday Night at 6:30pm  
(Youth Service immediately following @ 7:30pm)

\*\*\*\*\*

**FACT: Shirley Chisholm** was the first African American woman elected to the House of Representatives. She was elected in 1968 and represented the state of New York. She broke ground again four years later in 1972 when she was the first major party African-American candidate and the first female candidate for president of the United States.



### It's Not Too Late: Frugal Valentine's Day Gift Ideas

Source: <http://www.crown.org/Articles/>

**Have dinner in** – Instead of making reservations, make her favorite meal and plan a night in. You can have a wonderful meal, complete with dessert for a fraction of the cost of eating out.

**Be childish** – Plan an inexpensive evening roller skating, bowling, or miniature golfing. Dine on "fun food" – pizza, hot dogs and ice cream.

**Get crafty** – Gather your favorite pictures of the two of you and tickets, postcards or anything else that reminds you of good times. Compile them all in a scrapbook or photo album and present it to your sweetheart.

**Skip the flower delivery** – Instead of spending a small fortune on flowers, hand deliver a single rose or a hand-picked bouquet of wildflowers to your favorite girl.

**Make sweet music** – Download and burn a CD of her favorite songs, songs special to your relationship, or love songs. Add your own voice between tracks—whispering sweet nothings that make it complete.

**Satisfy a sweet tooth** – Make heart-shaped cookies or cupcakes and deliver them to your special someone at work.

**Volunteer** – Spend an evening together helping others. Work side-by-side in a food kitchen or spend time working at an animal shelter.

**Go parking** – Arrange for a romantic evening at the park. Pack a picnic dinner, grab a lantern or candles and head outdoors. If it's too chilly, move your picnic inside.

## Inspirational Thought:



“We believe the Word of God;  
therefore we do the Word of God.”

– Frederick K.C. Price

Reference Scripture: “...I will show  
you my faith by what I do.”

( James 2:18b NIV)



### Changes Are Taking Place

Studies show that the changes taking place in their bodies requires More sleep and they may be physically challenged to getting up early in the morning. Their internal biological clock may slow down in adolescence.

### How Much Sleep Do They Need?

Adolescents need 9 hours and 15 minutes of sleep. Children need 10 hours and adults need 8 1/4 hours. They rarely get that much due to early school start time, inability to fall asleep until late at night, work, social life and homework. Parents may need to adjust their child's schedule to allow more sleep.

### How Does Sleep Deprivation Affect the Teen-ager?

Sleep deprivation can impair memory and inhibit creativity making it difficult for sleep deprived students to learn. Teens struggle to learn to deal with stress and control emotion -- sleep deprivation makes it even more difficult. Irritability, lack of self confidence and mood swings are often common in a teen, but sleep deprivation makes it worse. Depression can result from chronic sleep deprivation. Not enough sleep can endanger their immune system and make them more susceptible to serious illnesses.

### Here are a few special sleep hygiene tips for teen-agers:

- Stay away from caffeine and nicotine which are both stimulants after noon. Also avoid alcohol which can disrupt sleep.
- Avoid heavy studying or computer games before bed, they can be arousing.
- Avoid arguing with your adolescent just before bedtime.
- Avoid trying to sleep with a computer or TV flickering in the room.
- Avoid bright light in the evening, but open blinds or turn on lights as soon as the morning alarm goes off to aid awakening.
- Let them sleep in on the weekend, but no more than 2 or 3 hours later than their usual awakening time or it will disrupt their body clock.



### \*\*\*\*\*Newsletter Staff\*\*\*\*\*

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### Book Review: *Reposition Yourself* by Bishop T.D. Jakes

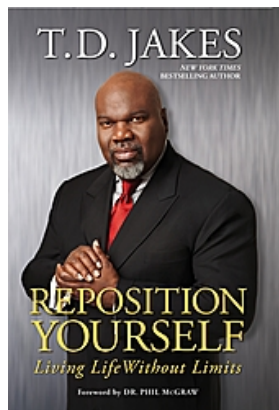
Source: <http://www.thebookclubhouse.com/catalog/item/5308311/5303225.htm>

In his latest book, *Reposition Yourself*, bestselling author T.D. Jakes shares insights that will help readers adjust to the many changes that life brings. This is a shrill wake-up call to take charge of your life now. Not only does it confront areas where subtle passivity or even poor choices may have stifled the reader's creativity, but it also instructs how to manage change and maximize life now. Using wisdom collected from his more than thirty years of counseling and working with everyday and high-profile people, Jakes covers financial, relational, and spiritual creativity and shows how adapting to transitional moments in your life is the path to an enriched existence filled with contentment at every stage.

*Reposition Yourself* offers reality-based plans for those seeking to make the years

ahead even more productive. Jakes accepts the inevitability of change, teaching how to embrace and expect it rather than fear it. Mixing both sacred and secular insights, he shares a unique blend of practical and pragmatic steps coupled with the sage wisdom of Scripture for which he is noted.

This new book is without question a makeover for the soul. It gives you permission to succeed and the how-to's necessary to position yourself for the limitless potential that comes from making minor adjustments in your thinking and plans. Jakes believes there is nothing more important than your next decision. Before you make another choice, this is a must-read!



## Calendar Events

### February Events:

14<sup>th</sup> – VALENTINE'S DAY  
 19<sup>th</sup> – Singles' Mtg. 6p  
 20<sup>th</sup> – Couples' Mtg. 6p  
 21<sup>st</sup> – WFC Pre-Retreat Service 3p  
 22<sup>nd</sup> – 24<sup>th</sup> – Church Revival  
 26<sup>th</sup> – 27<sup>th</sup> – State Women's  
 Leadership Convention (Victorville)

### March Events:

8<sup>th</sup> – WFC Mtg. 7p  
 12<sup>th</sup> – Singles' Mtg. 6p  
 14<sup>th</sup> – Daylight Savings Time Begins  
 18<sup>th</sup> – 21<sup>st</sup> – WFC Retreat  
 24<sup>th</sup> – 26<sup>th</sup> – Annual Choir Workshop

## "GV YOUTH PAGE"

### Words from Our Youth Minister – Elder L.D. Hawley

I want to thank everyone who supports the youth department. We have a lot of activities planned for the youth this year and the Lord is truly going to bless. So, youth don't stay home, come out and get involved. The bible say's "I must work the works of Him that sent me, while it is day. The night cometh, when no man can work" John 9:4.

**FACT: Wilma Rudolph (1940 -1994)** a record breaking track star was born the 20th of 22 children, and stricken with polio as a child. She not only overcame polio but broke world records in three Olympic track events and was the first American woman to win three gold medals at the Olympics (1960).

**FACT: Daniel Hale Williams (1858-1931)** was a pioneer in open heart surgery. In 1893, with the help of a surgical team, he saved a person who had been stabbed. Williams opened up the patient's chest, exposing the beating heart, and sewed the knife wound (which was a fraction of an inch from the heart). He did this without the aid of X-rays, blood transfusions, or anesthetics (numbing, pain-killing drugs).

## Job Interview Tips for Teens

Source: <http://www.moneyinstructor.com/art/interviewteens.asp>

You've made it through the door with a great application and the next step is the interview. No matter if you're being for your first job or have been through the interview process ten times or more, here are some important pointers to keep in mind.

### Dress Like You Mean Business

There's no need for most jobs to show up in suit but you do need to dress more like you're ready to go to work than to go to a concert. No jeans, no bare midriffs, no ripped shirts or wild hair. This is the time to "blend in". Guys can generally succeed with a good pair of khakis and a dress shirt. Girls should avoid anything that suggests layers or "extreme". Skip the multiple layers of bracelets, go easy on makeup and scents, and keep the outfit simple and professional.

### It's Showtime

If potential employers have a pet peeve, it's the applicant who arrives late for the job interview. Allow an extra fifteen to twenty minutes to get to any interview especially if your interview is in a location with heavy traffic or in an area you don't know well. If you're relying on public transportation, know the routes and schedules and expect delays. Arriving about 10 minutes prior to the interview lets the employer know you want the job!

### Come Ready to Ask Questions

It's not only the employer who gets to ask questions during the interview, you can also be ready with four or five questions of your own. Why is this a good idea? It shows the potential employer that you really want *this* job and have been giving thought to your decision to work there.

What kinds of questions might be appropriate? Here are some suggestions:

- What do you think is the most important thing I need to know about this job?
- What kinds of opportunities might there be for me to learn new skills here?
- Is there anything else you need to know about me?
- Will I be trained on the job by you or someone else?

### Say Thank-You Twice at the Interview

Even though you might be solving an employer's problems by bringing your skills to the workplace, the employer is giving you a chance to earn a paycheck so be sure to let the employer know you appreciate his or her time. When you first step in the door, you can say, "Thank you for taking the time to meet with me. I'm very interested in learning about this job." When you leave, you can add another bit of thanks by saying something such as: "Thank you for the chance to learn more about the job. I hope to hear from you soon."

### Write a Thank You Note After the Interview

Believe it or not, a thank you letter might get you the job. There are lots of applicants who have the same or better skills than you and probably several other applicants who gave a dazzling smile and great answers during the interview. But how many of those applicants will sit down and send a thank you note? Probably very few. Most likely only one or two!

What do you say in a post-interview thank you note? You only need express three main ideas:

- Thank you for meeting with me.
- I am interested in working with your company.
- I look forward to hearing from you.

Thank note notes are best if handwritten but even an email note will help you keep your name in front of an employer.

In closing, your application might have opened a door or two but it's the interview which is going to get you through the door and into the job!

\*\*\*\*\*

**FACT: Paul Cuffee (1759 – 1817)** an African–American, philanthropist, ship captain, and devout Quaker transported 38 free African–Americans to Sierra Leone, Africa in 1815 in the hopes of establishing Western Africa. He also founded the first integrated school in Massachusetts in 1797.

**FACT: Cathay Williams (1842 – unknown)** was the first and only known female Buffalo Soldier. She was born into slavery and worked for the Union army during the Civil War. She posed as a man and enlisted as Williams Cathay in the 38th infantry in 1866. She was given a medical discharge in 1868.

**FACT: America enjoyed nearly 250 years of free labor** to build its economy It is estimated that slaves produced \$40,000,000,000 (yes billion) worth of free labor. Moreover, executive, legislative, and judicial arms of government perpetuated social inequalities far beyond chattel slavery.

**FACT: Garrett Augustus Morgan (1877 - 1963)** invented, among many other things, a 3-way automatic stop sign, which he sold to General Electric. It was used in the U.S. until the 3-light traffic sign was developed.

Kids Korner**Valentine's Day Word Search**

E S M W B F  
 T R A E H C A R D N  
 O R O S E S V I V M N F  
 O F L O W E R S G E C A N D Y X  
 H A N D H O L D I N G L L O R T S  
 H U G S T C D P D K F B E M I N E  
 Q S R O T I U S U N E C N A M O R  
 D I P U C H O C O L A T E V Z  
 S G N I L E E F C G I F T  
 F R P V N D I A M O N D Z  
 Y E W Y R A U R B E F  
 V V P Q R T I Y T  
 O U R Z E  
 L O V  
 W

**Arrow****Be Mine****Candy****Card****Chocolate****Couples****Cupid****Date****Diamond****February****Feelings****Flowers****Friendship****Gift****Hand holding****Heart****Hugs****Kisses****Love****Lovers****Romance****Roses****Stroll****Suitors****Valentine**

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**FACT: Barack Hussein Obama (1961 - )** claimed his place in history as America's first black president, summoning a dispirited nation to unite in hope against the "gathering clouds and raging storms" of war and economic woe. On an extraordinary day in the life of America, people of all colors and ages waited for hours on a Tuesday in frigid temperatures to witness the moment as a young black man with a foreign-sounding name took command of a nation founded by slaveholders. It was a scene watched in fascination by many millions — perhaps billions — around the world.