

# The Faithful Word

March 2010

“Proclaiming A Greater Victory” I John 5:4-5

Edition 88

## \*Join Us For Service\*

### Sunday Services

Sunday School: 9:30 A.M.  
Morning Worship: 11:00 A.M.  
Pastoral Teaching: 6:00 P.M.  
Evening Worship: 7:30 P.M.

### Tuesday Service

Prayer & Bible Band 10:00 A.M.

### Wednesday Rehearsals

Youth Choir: 6:00 P.M.  
Inspirational Choir: 7:30 P.M.

### Thursday Services

Y.P.W.W.: 6:30 P.M.  
Youth Service: 7:30 P.M.

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Supt. George A. Martin &  
Evangelist Ida Martin

## From the Pastor's Desk

### 1 Corinthians 13 (KJV)

\*A selection submitted by Pastor Martin to help those in need.

1 Though I speak with the tongues of men and of angels, and have not charity, I am become as sounding brass, or a tinkling cymbal.

2 And though I have the gift of prophecy, and understand all mysteries, and all knowledge; and

though I have all faith, so that I could remove mountains, and have not charity, I am nothing.

3 And though I bestow all my goods to feed the poor, and though I give my body to be burned, and have not charity, it profiteth me nothing.

4 Charity suffereth long, and is kind; charity envieth not; charity vaunteth not itself, is not puffed up,

5 Doth not behave itself unseemly, seeketh not her own, is

not easily provoked, thinketh no evil;

6 Rejoiceth not in iniquity, but rejoiceth in the truth;

7 Beareth all things, believeth all things, hopeth all things, endureth all things.

8 Charity never faileth: but whether there be prophecies, they shall fail; whether there be tongues, they shall cease; whether there be knowledge, it shall vanish away.

9 For we know in part, and we prophesy in part.

10 But when that which is perfect is come, then that which is in part shall be done away.

11 When I was a child, I spake as a child, I understood as a child, I thought as a child: but when I became a man, I put away childish things.

12 For now we see through a glass, darkly; but then face to face: now I know in part; but then shall I know even as also I am known.

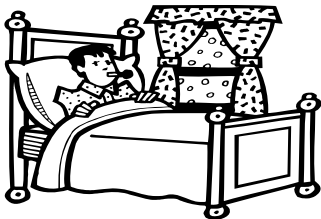
13 And now abideth faith, hope, charity, these three; but the greatest of these is charity.



## March

Elder Jackson  
 Sis. Ivory Williams  
 Min. Dennis F. Martin  
 Jr. Min. Malachi F. Martin  
 Sis. DeAnna F. Martin  
 Bro. Brian Shields  
 Sis. Donna Jordan

### \*\*\*Sick and Shut-In\*\*\*



Please remember those who are sick and shut-in. Keep them in your prayers.

Sometimes a kind word, a phone call, or even a smile can make a world of difference.

\*Please remember the Strickney and Williams families in prayer.

### Message From the Sunday School

\*\*\*If you know your Bible, the Sunday School needs you. If you don't know your Bible, you need to come to Sunday School each Sunday morning at 9:30am.

Evangelist  
 Stephanie Harris -  
 Sunday School Supt.

## Education Connection: “Develop Emotional Intimacy With Your Kids”

Source: [www.focusonthefamily.com](http://www.focusonthefamily.com)

**Emotional/spiritual relationships don't just happen. Here's how to be intentional about building intimacy with your family.**

*"Hurry and intimacy are two entirely different things. What our children will remember most about their childhood when they grow older are two things: how much love was in the home, and how much time you spent with them." — Richard Swenson*

I want to live my life with no regrets, especially with no relational regrets. Investing in the hearts of my bride and children should be my number one priority as I plan my to-do list. The dichotomy of responsibilities verses relationships is part of the reality of living intentionally and intimately. There are so many things that can distract us from building emotionally/spiritually intimate relationships. Richard Swenson observes, "It's the pace of life that destroys and derails living from the heart." Then we get so tired that we think we deserve giving our time to entertainment, just to unwind. We also give our children over to mindless entertainment by default, because we are too exhausted to invest in their hearts.

**Investing time to build intimacy requires that we unplug from distractions.** We can cultivate intimacy through something as simple as eye contact. Looking our children directly in their eyes when they speak to us communicates volumes to them about their worth. Our children know when we are truly listening. I have heard it said that focused attention is more powerful than words of praise. Jesus was a master at "beholding people." To behold someone speaks of direct gaze, straight into their souls. I don't ever get a picture of Christ grunting "uh-uh" as He answered people's questions, while being distracted.

**Intimacy requires entering into our children's worlds.** One way to do this is to ask our children questions that take us to the deepest places of their hearts and then listen for what God is saying and revealing about their hearts. Consider questions like the following:

- What is your greatest fear right now?
- What do you worry about?
- What do you need more of from Mom and Dad?
- What do you get really angry about?
- What do you get really sad about?
- What are your greatest dreams?
- What are your greatest joys?

**Another doorway to intimacy is planning.** Plan time into your schedule to express how much you value each of your children. When we rearrange work schedules, tee times, softball or ministry opportunities to flow best with the needs of our family, our children will feel valued. Lisa and I have spent many years saying "no" to opportunities that would have scattered our children instead of bring us closer together as a family. There are many wonderful things we have said "no" to in order to build memories; a life-style of togetherness. As our older children look back, they now thank us for the family time we chose over other opportunities our children thought were important at the time.

**Intimate relationships don't just happen.** It's important to be intentional about truly connecting with our children on a consistent basis. I'm motivated by Chuck Colson's words: "As I think back on my own life, my biggest regret is not spending more time with my children. Making family your top priority means standing against a culture where materialism and workaholicism are rampant. It means realizing that you may not advance as fast in your career as some of your colleagues — at least for a few years. It means being willing to accept a lower standard of living...knowing you're doing the right thing for your children, giving them the emotional security they'll draw on for the rest of their lives."

There is a peace in life that comes from having no regrets. Let's count the cost and invest in our families first. The world will wait.

## Take 5 Steps Toward Financial Maturity in 2010!

Source: [www.crown.org](http://www.crown.org)



*Along with applying how to make and manage money in God's Economy, use these 5 practical steps to help fulfill God's purposes in your life and family.*

### 1. Set lifestyle goals for spiritual, physical, and financial health based on your life purpose.

Sure, the forces behind Man's Economy seek to oppose any godly goal you set. But as you move toward a lifestyle of moderation in every area of your life, the ensuing peace and fulfillment are truly priceless.

### 2. Balance work with healthy relationships with family, friends, and others.

Honoring others above yourself is key to fulfillment in God's Economy. When you commit this goal to God, He will provide a way to make this happen.

### 3. Grow in spiritual disciplines and accountability.

Think you can fulfill your life purpose by yourself? You can't. God places you into a community — the body of Christ. You're not just there to help and build up others ... but for others to do the same for you, too.

### 4. Invest in children and the next generation with a spiritual wisdom transfer plan."

We are not in a sprint to the finish; rather, we are in a relay race. This race of life can only be won if the baton of God's

timeless truth is successfully transferred to each successive generation.

### 5. Seek good Christian counsel when needed.

Seeking godly counsel sets your pride aside, opening you to the bounties of God's grace. It also sets the stage for the Holy Spirit to confirm, caution, and provide insight. Let Him speak to you through others who are in tune to Him and His Word.

## THE STORY OF EASTER

Read the entire story at <http://misslink.org/children/biblestories/easter.html>

What an awfully sad day it had been for the friends of Jesus! They had stood watching sorrowfully, as Jesus hung on the cross dying. They didn't fully understand why it had to happen.

They believed that Jesus was the Son of God, and they remembered how He had healed the sick and made blind people see. They remembered how He had fed thousands of people with just a few loaves of bread and fish. They even remembered how He had caused dead people to come back to life. He was such a good, kind man; why did He have to die?

Just before the sun was beginning to sink into the west, Joseph, one of Jesus' friends, noticed that Jesus was no longer breathing. He hurriedly went to ask Pilate if he could have the body of Jesus so he could bury Him. When Pilate agreed, Joseph and Nicodemus (another friend) carefully wrapped Jesus' body in clean cloths. Then they took Him to a tomb to bury Him.

The next day, the Pharisees started thinking about Jesus. They were the people that had wanted to kill Jesus.

## \*\*\*Message Board\*\*\*

A Message From the YPWW President:

Come and be blessed. Study to show thyself approved unto God. Every Thursday Night at 6:30pm  
(Youth Service immediately following @ 7:30pm)

\*\*\*\*\*

They remembered how He had taught them, saying that He would rise again after three days. They were worried that it might be true! They also thought that Jesus' disciples would remember and might try to steal the body from the tomb just so they could say that Jesus rose again. They went to Pilate, suggesting that the tomb be closed up with a huge stone and that guards be placed all around the tomb.

Just before daylight the next day, the most amazing thing happened! There was a GREAT EARTHQUAKE! An ANGEL from the Lord came down from heaven, moved the gigantic stone away from the door of the tomb and sat on it. The guards began to shake with fear! They fell down to the ground as if they were dead!

Mary and some other women had decided to get up very early in the morning and go to visit the tomb where Jesus was placed. While walking down the road, they were discussing how they were going to get inside the tomb. They had brought along some spices and perfume that they wanted to place on Jesus' body. They knew the huge stone had been placed in the doorway and they had no idea how they were going to move it.

What a SURPRISE they found when they reached the tomb! The stone had already been moved! And . . . there was an ANGEL sitting on the stone! The women were quite afraid, but the angel spoke gently to them:

"Don't be afraid. I know that you have come to see Jesus. He is not here; for he is risen just as he said. Come inside and see the place where he lay." The women went inside the tomb and found it empty, just as the angel had told them. The angel spoke to the women one more time:

"Go quickly and tell the other disciples that Jesus has risen from the dead; and he is going into Galilee where you will see him." The women did just as the angel had told them. They ran quickly from the tomb, with fear and great joy, to tell the good news to the other disciples. But . . . when the women found Peter and their other friends and tried to tell them the good news, . . . no one believed them!

When the women persisted, Peter decided that he needed to find out for himself. He ran all the way to the tomb. He went inside. He saw the cloths that had been wrapped around Jesus, but the body was not there. He wondered if it could possibly be true. Did Jesus really raise from the dead? Was Jesus really alive?

Two of Jesus' other friends were going on a journey to a village called Emmaus. As they walked and talked, they discussed all the things that had happened over the past few days. A man came along and joined the group. He walked along with them and wanted to join their discussion. Cleopas began telling the man about how Jesus was crucified on the cross. They talked about how the women found the empty tomb.

As they continued their journey, they invited the man to come in with them and have dinner. When they sat down to eat their meal, the man picked up a loaf of bread and broke it in pieces. Then he prayed for the meal and gave the bread to the men. At that very moment they realized that the man was JESUS! They had been talking to Jesus the whole time and didn't even know it!

*Inspirational Thought:*



**“We believe the Word of God; therefore we do the Word of God.”**

– Frederick K.C. Price

**Reference Scripture: “...I will show you my faith by what I do.”**

( James 2:18b NIV)



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Youth Page Reporters:

Sis. Mahogany Moore

**Health Wise: Top 5 Habits to Increase Longevity**

Read full article @ <http://health.yahoo.com/experts/drmao/8307/top-5-habits-to-increase-longevity/>

Is it really possible for anyone to live happily to 100? The good news is that your body was designed to be 100 - you just have to get out of the way. Getting out of the way means taking an honest look at the habits and lifestyle you are living with today. Most of us have developed habits that limit our true health potential. But don't let these bad habits of the past discourage you - it is never too late to make new choices. What you did in the past can be changed, and your body will respond in kind. What matters is what you do from this moment forward.

But don't let these bad habits of the past discourage you - it is never too late to make new choices. What you did in the past can be changed, and your body will respond in kind. What matters is what you do from this moment forward.

**Top 5 Daily Habits for Your Longevity**

It takes 14 to 21 days of repetitive behavior to form a new pattern in your brain. Once the pattern is formed, it becomes an automatic behavioral response. As you develop new healthy habits, they will begin to replace bad habits. These healthy lifelong habits are adapted straight from the time-tested traditions practiced by centenarians all around the world, and I can say with certainty that they will transform and rejuvenate you!

**Eat five small meals a day.**

In the Western culture, meals are taken three times a day, but it is much better to eat five smaller meals. This helps you deliver a steady stream of nutrients, blood sugar, and energy to your body throughout the day. Additionally, eating this way is less taxing on the digestive and metabolic systems and also reduces your risk of heart disease.

**Climb the stairs instead of using elevators.**

Regular exercise can help promote physiological well-being, strengthen the immune system, maintain joint mobility, increase energy - and the list goes on.

**Laugh it up!**

We know from research that laughter and joy boost immune functions, especially the production of the natural killer cells that help protect the body from illness and cancer. Laughter also increases the release of endorphins, compounds that give you a sense of well-being, in your brain. Without a doubt, joyful people live longer and healthier lives.

**Drink 8 glasses of water every day.**

Water is essential for all healthy body functions. Centenarians from around the globe cite their native water as the source of their health and longevity - and the scientists agree with them. What they all have in common is pure water sources located far from any city, free from chemicals and toxins. \*\*\*Choose filtered water; the best filtration processes are the ones that use activated charcoal, which removes the impurities but leaves the water-soluble minerals. Also, do not store water in plastic containers because the polychlorinated biphenyls (PCBs) can leach into the water.

**Unwind with meditation and prayer.**

Stress is the root cause of most of the diseases that shorten our life span. In our modern society stress will continue to increase - unless you find techniques to manage it. Meditation and prayer is the best way to release tension and revitalize your being. Add deep breathing exercises in order to eliminate toxins in your body, as well.

**Book Review: Conversations with God, Books One and Two by Neale Donald Walsh**

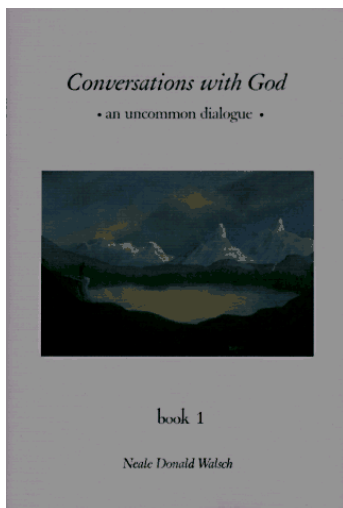
<http://www.holisticnetworker.com/bookreviews/conversations.html>

Neale Donald Walsch is an ordinary man who found himself frustrated with how his life was going, so he asked God, “Why? Why? Why?” as we sometimes do. The extraordinary thing for Walsch is that God answered him -- very clearly. Yet, Walsch is not intent on having you believe that God actually spoke to him. He would just have you absorb the material and determine its value to you.

The scope of Book One focuses on personal identity, responsibility, and our Divine ability to create our reality.

It's a warm and loving book, yet it will shake up your idea of “God.”

Book Two is a wake-up call. It addresses the sphere of our planetary responsibility and the potential for us to co-create an enlightened civilization. Introduced in Book Two is the notion of “transparency” -- complete openness about every aspect of your life. In a transparent society there are no secrets. (Walsch himself embraces the notion of transparency in his own company: his workbooks and audio materials have two numbers on them -- both a retail price and a disclosure of his cost).



## Calendar Events

### March Events:

14<sup>th</sup> – Daylight Savings Time Begins  
 18<sup>th</sup> – 21<sup>st</sup> – WFC Retreat  
 24<sup>th</sup> – 26<sup>th</sup> – Annual Choir Workshop  
 30<sup>th</sup> – Passover

### April Events:

2<sup>nd</sup> – Good Friday Service 7p  
 4<sup>th</sup> – Easter Sunday  
 11<sup>th</sup> – Annual Men’s Day 7p  
 13<sup>th</sup> - 15<sup>th</sup> - Women’s Dept. Revival  
 24<sup>th</sup> - Church Picnic  
 25<sup>th</sup> - Purity Class Annual Day  
 Apr. 29 - May 2<sup>nd</sup> - Pastor and First Lady’s Anniversary

## "GV YOUTH PAGE"

### Words from Our Youth Minister – Elder L.D. Hawley

I want to thank everyone who supports the youth department. We have a lot of activities planned for the youth this year and the Lord is truly going to bless. So, youth don't stay home, come out and get involved. The bible say's "I must work the works of Him that sent me, while it is day. The night cometh, when no man can work" John 9:4.

## THINGS TO REMEMBER

Youth, don't forget this month we are learning a Bible Story. Learn the story of the *Tower of Babel*. There will be a reward for those of you who learn it.

## We Know Our Word

Congratulations to the following youth

for learning Psalms 1:

George Flagg-Martin

Rolondo Steele

Malachi Flagg-Martin

Reyvon Steele

Keon Miller

Deana Flagg-Martin

Marissa Moore

Tyffeni Allen

Kalonn Miller

## WORK PERMIT INFO

### What is a work permit and where can I get one?

A work permit is a legal document required by the state of California that allows a person under 18 years of age to hold a job. There are four steps in obtaining a work permit:

- (1) Obtain a work permit application in the Career Center at your local high school (or the application form may be downloaded from the California State Department of Education website ([www.cde.ca.gov](http://www.cde.ca.gov)))
- (2) Fill out the personal information at the top of the application, get your prospective employer to fill out the information required in the middle portion, and have a parent or guardian sign the bottom portion of the application.

(3) Return the completed work permit application to your high school where the work permit will be processed and typed.  
**Your school will need 48 hours to process the Work Permit.**

- (4) Bring the typed work permit back to the prospective employer.

### At what age can I get a work permit?

Minors aged 12 through 17 are required to get work permits before starting most jobs.

## The Tower of Babel - Bible Story Summary

Source: <http://christianity.about.com/od/biblestorysummaries/p/towerofbabel.htm>

### Scripture Reference:

Genesis 11:1-9

### The Tower of Babel - Story Summary:

Up until this point in the Bible, the whole world had one language - one common speech for all people. The people of the earth became skilled in construction and decided to build a city with a tower that would reach to heaven. By building the tower they wanted to make a name for themselves and also prevent their city from being scattered.

God came to see their city and the tower they were building. He perceived their intentions, and in His infinite wisdom, He knew this "stairway to heaven" would only lead the people away from God. He noted the powerful force within their unity of purpose. As a result, God confused their language, causing them to speak different languages so they would not understand each other. By doing this, God thwarted their plans. He also scattered the people of the city all over the face of the earth.

### Points of Interest from the Story:

- When God speaks in this story, He uses the phrase, "let **us** go," referencing the trinity.
- Some scholars believe that this marks the point in history where God divided the earth into separate continents.
- God says in Genesis 11:6, "If as one people speaking the same language they have begun to do this, then nothing they plan to do will be impossible for them." (NIV) God realizes that when people are unified in purpose they can accomplish impossible feats, both noble and ignoble. This is why unity in the body of Christ is so important.
- To build, the people used brick instead of stone and tar instead of mortar. They used "man-made" materials, instead of more durable "God-made" materials. The people were building a monument to themselves, to call attention to their own abilities and achievements, instead of giving glory to God.

### Question for Reflection:

Are there any "towers" you are building in your life?

# Kids Korner

## Easter Crossword Puzzle

Find and circle these five words in the puzzle below.

**Alive**

**Cross**

**Jesus**

**Saves**

**Sins**

			E	D	T	U	M		
			B	F	C	T	Z		
			J	E	S	U	S		
Q	K	W	U	M	C	R	O	S	S
T	J	R	Y	S	A	V	E	S	E
U	G	J	E	M	R	P	S	L	H
B	X	J	W	O	W	T	O	P	S
			A	G	M	S	F		
			N	D	V	Q	A		
			V	M	X	S	Q		
			A	L	I	V	E		
			K	W	J	J	H		
			F	U	U	B	W		
			M	Q	Q	Q	W		
			W	S	I	N	S		